

November 2023		
Monday	Wednesday	Friday
	11/1/23 <i>Wacky Waffle Day</i> 8:30 – Coffee Chat 9:00–Cards, Puzzles, Games 10:30– Speaker Care Connect Chronic Health Diseases w Myelin & Blood Pressure 11:30 Picnic Lunch	11/3/23 8:30 – Coffee Chat 9:00 – Cards, Puzzles, Games 9:30 – Line Dancing 10:30 – BINGO 11:30 Pledge, Prayer & Lunch
11/6/23 8:30 – Coffee Chat 9:00 – Cards, Puzzles, Games 9:30 – Walk with Glo 10:30 – Speaker Carrie Petesch w/SHINE about Open Enrollment/Medicare 11:30 Pledge, Prayer & Lunch	11/8/23 8:30 – Coffee Chat 9:00 – Cards, Puzzles, Games 9:30 – Nutrition Education 10:30– Speaker Jackie Wade Hands Only CPR 11:30 Pledge, Prayer & Lunch	11/10/23 CENTER CLOSED 
11/13/23 8:30 – Coffee Chat 9:00 – Cards, Puzzles, Games 9:30 – Walk with Glo 10: 30 – Music w/The Coconuts 11:30 Pledge, Prayer & Lunch	11/15/23 8:30 – Coffee Chat 9:00 – Cards, Puzzles, Games 9:00 – BUNCO w/Glo 10:30 – BOOK CLUB 11:30 Pledge, Prayer & Lunch	11/17/23 8:30 – Coffee Chat 9:00 – Cards, Puzzles, Games 9:30 – Line Dancing 10:30 – BINGO 11:30 Pledge. Prayer & Lunch
11/20/23 8:30 – Coffee Chat 9:00 – Cards, Puzzles, Games 9:30 – Walk with Glo 10:00 – Crafts for the Veterans Home 11:30 Pledge, Prayer & Lunch	11/22/23 COA Care Connection Rep 8:30 – Coffee Chat 9:00 – Cards, Puzzles, Games 9:30 – Nutrition Education 10:30 –Mama Marge, Comedy 11:30 Pledge, Prayer & Lunch	11/24/23 CENTER CLOSED 
11/27/23 8:30 – Coffee Chat 9:00 – Cards, Puzzles, Games 9:30 – Walk with Glo 10:30 – Vicky Oakes, SJC Supervisor of Elections 11:30 Pledge, Prayer & Lunch	11/29/23 8:30 – Coffee Chat 9:00 – Cards, Puzzles, Games 10:30 – Country Gospel Music by Tex Barbie 11:30 Pledge, Prayer & Lunch	Trout Creek Senior Center Gail Godzich Program Coordinator 904-209-3658 ggodzich@stjohnscoa.com