





Trout Creek Senior Center
6795 Collier Rd., Orangedale, FL 32092
904-209-3658

February 2023

	February 2023	
Monday	Wednesday	Friday
	<p>1st</p> <p style="text-align: center;">9:00 – 9:30 – WAFFLES!!!</p> <p>9:00 – 10:30 Cards, Puzzles, Games</p> <p>10:30 – 11:30 Speaker: Miula Taylor Alzheimer's Association</p> <p>11:31 – Pledge, Prayer & Lunch</p>	<p>3rd</p> <p>9:30 – 10:30 Cards, Puzzles, Games</p> <p style="text-align: center;">10:30 – 11:30 – Bingo</p> <p>11:31 – Pledge, Prayer & Lunch</p>
<p>6th</p> <p>9:00 – 9:30 – Exercise With Glo</p> <p>9:00 – 10:30 Cards, Puzzles, Games</p> <p style="text-align: center;">10:30 – 11:30 – You Be the Judge</p> <p>11:31 Pledge, Prayer & Lunch</p>	<p>8th</p> <p>9:00 – 10:15 Cards, Puzzles, Games</p> <p style="text-align: center;">10:15 – Nutritional Education</p> <p style="text-align: center;">10:30 – 11:30 Guest Speaker Angela Young – Mobil Medical</p> <p>11:31 – Pledge, Prayer & Lunch</p>	<p>10th</p> <p>9:00 – 10:30 Cards, Puzzles, Games</p> <p style="text-align: center;">9:30 – 10:30 – Line Dancing</p> <p style="text-align: center;">10:30 – 11:30 Bingo</p> <p>11:31 – Pledge, Prayer & Lunch</p>
<p>13th</p> <p>9:00 – 9:30 – Exercise With Glo</p> <p>9:00 – 10:30 Cards, Puzzles, Games</p> <p style="text-align: center;">10:30 – 11:30 – Valentine Craft</p> <p>11:31 Pledge, Prayer & Lunch</p> 	<p>15th</p> <p>9:00 - 9:30 - Cards, Puzzles, Games</p> <p style="text-align: center;">9:30 – 10:30 Guest Speaker – Megan Wall – Legal Aid</p> <p style="text-align: center;">10:30 – 11:30 – Book Club</p> <p>11:31 – Pledge, Prayer & Lunch</p>	<p>17th</p> <p>9:00 – 10:30 Cards, Puzzles, Games</p> <p style="text-align: center;">10:30 – 11:30 – Bingo</p> <p>11:31 – Pledge, Prayer & Lunch</p> 
<p>20th</p> <p style="text-align: center;">THE COUNCIL ON AGING WILL BE CLOSED IN HONOR OF PRESIDENT'S DAY</p> 	<p>22nd</p> <p>9:00 – 10:00 Cards, Puzzles, Games</p> <p style="text-align: center;">10:00 – 11:30 – CPR Training with Paulette Koslowski</p> <p>11:31 Pledge, Prayer & Lunch</p>	<p>24th</p> <p>9:00 – 10:30 Cards, Puzzles, Games</p> <p style="text-align: center;">10:30 – 11:30 – Bingo</p> <p>11:31 – Pledge, Prayer & Lunch</p> 
<p>27th</p> <p>9:00 – 9:30 – Exercise With Glo</p> <p>9:00 – 10:30 Cards, Puzzles, Games</p> <p style="text-align: center;">10:30 – 11:30 - Bring a New Game to the Center Day</p> <p>11:31 – Pledge, Prayer & Lunch</p>	