

May 2023

Monday	Wednesday	Friday
<p>1st 8:30 – Cards, Puzzles, Games 9:00 – Exercise With Glo 10:00 - Nutrition Education 11:30 Pledge, Prayer & Lunch</p>	<p>3rd 8:30 – Cards, Puzzles, Games 9:00 – WACKY WAFFLE DAY 10:30 – Speaker – Jennifer James – Concierge Care 11:30 – Pledge, Prayer & Lunch</p>	<p>5th TROUT CREEK GARAGE SALE Cinco de Mayo Surprise No Bingo Today 11:30 – Pledge, Prayer & Lunch</p>
<p>8th 8:30 – Cards, Puzzles, Games 9:00 Walking With Glo 9:30 BP Clinic with Flagler Health+ Care Connect 11:30 Pledge, Prayer & Lunch</p>	<p>10th 8:30 – Cards, Puzzles, Games 9:00 – Coffee Chat 10:30 – Speaker – Doug Shelling from Hospice 11:30 – Pledge, Prayer & Lunch</p>	<p>12th 8:30 – Cards, Puzzles, Games 9:30 – Line Dancing 10:30 – Bingo 11:30 – Pledge, Prayer & Lunch</p>
<p>15th 8:30 – Cards, Puzzles, Games 9:00 – Exercise With Glo 10:30 – Craft Day Creating with Sand & Shells 11:30 Pledge, Prayer & Lunch</p>	<p>17th 8:30 – Cards, Puzzles, Games 9:00 Coffee Chat 10:30 - Book Club 11:30 – Pledge, Prayer & Lunch</p>	<p>19th 8:30 – Cards, Puzzles, Games 9:30 – Line Dancing 10:30 – Bingo 11:30 – Pledge. Prayer & Lunch</p>
<p>22nd 8:30 – Cards, Puzzles, Games 9:00 – Walking With Glo 10:30 – You Be the Judge 11:30 Pledge, Prayer & Lunch</p>	<p>24th 8:30 – Cards, Puzzles, Games 9:00 Coffee Chat 10:30 – Rick & Holly Woods Musical Couple 11:30 Pledge, Prayer & Lunch</p>	<p>26th 8:30 – Cards, Puzzles, Games 10:00 – Nutrition Education 10:30 – Bingo 11:30 – Pledge, Prayer & Lunch</p>
<p>29th CLOSED in observation of Memorial Day </p>	<p>31st 8:30 – Cards, Puzzles, Games 9:00 Coffee Chat 10:30 – Speaker – Master Garden Program 11:30 Pledge, Prayer & Lunch</p>	<p>Trout Creek Program Coordinator Myra Fisher 904-209-3658 mfisher@stjohnscoa.com</p>