

March

No meet ups on March 19

MONDAY



Help with Medicare Questions: The second Mon. of each month from 9 a.m. to noon. Reserve a spot with a SHINE volunteer now by calling 904 209 3655.

Mahjong Open Play - Bring your mahjong game and come play. Mondays from 1 - 3 p.m.

AARP Tax Help -Free tax return preparation to anyone who needs it. AARP Foundation Tax-Aide volunteers are trained to help you file a variety of income tax forms and schedules. Mondays from Feb. 5 to April 8 between 9:30 a.m and 1:00 p.m. Reserve a spot now by calling 904 209 3655.

TUESDAY

Healing Hearts: A group for grieving a loss. Meets the 2nd and 4th Tuesday of each month from 9:30 - 10:30 a.m.

One on One Tech Help: with Daniel Berg. Need help using your electronic device? Reserve a spot now at 904 209 3655 for a 1 hour session on **Tuesday, March 5, 12, 26.**

Happy Hookers: Come join this social group as they crochet, knit, etc. Every Tuesday from 10 - noon.

WEDNESDAY

Widow to Widow: Join us for a widows support group. Every Wednesday from 11:45 - 12:45 p.m

STA Strong BHOFF (Bone Health & Osteoporosis Foundation) Education Group: meets bimonthly to learn about prevention, diagnosis, and treatment of osteoporosis. Next meeting is **Wed., March 13** from **1:30 - 2:30.**

Book Club: Come join the group and discuss various books. First Wednesday of each month from 2 - 3:30 p.m.. February's discussion will be **The Reading List** by Sara Nisha Adams.

THURSDAY

Open Game Play: Bring your cards or board games and socialize! Every Thurs. 12:15 - 3:15.

FRIDAY

Do You Need A Living Will and How Can You Avoid the Need for a Guardianship? with Megan Wall of SJC Legal Aid on **Fri., March 29** from **10-11.**