

Tuesday	Wednesday	Thursday	Friday
		1st 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta or Coloring Club 11:00 Sing A Long w/Home Instead 12:00 Lunch* 1:00-2:00 BINGO*	2nd GROUNDHOG DAY! 10:00 Coloring Club 10:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge 
6th 9:30 Chair Exercise 10:00 Canasta or Coloring Club 10:00 Mexican Train Dominoes 10:30 Ask the Nurse 11:00 Bemer Therapy 12:00 Lunch* 1:00-2:00 BINGO*	7th 9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 10:00 Coloring Club 11:30 Alzheimer's Caregiver Support Group 4:00-5:30PM Line Dancing Class*	8th 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta or Coloring Club 11:00 Lunar New Year Celebration 11:30 Hisshin Sumi-e Society 12:00 Lunch* 1:00-2:00 BINGO*	9th 10:00 Coloring Club 10:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge 
13th FAT TUESDAY! 9:30 Chair Exercise 10:00 Canasta or Coloring Club 10:00 Mexican Train Dominoes 10:30 Ask the Nurse 11:00 Mardi Gras fun with PVB Library 12:00 Lunch* 1:00-2:00 BINGO*	14th VALENTINE'S DAY! 9:00-12:00 Acrylic Painting With Instructor, Sarah Good 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 10:00 Coloring Club 4:00-5:30PM Line Dancing Class* 	15th 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta or Coloring Club 11:00 Monthly Birthday Party 12:00 Lunch* 1:00-2:00 BINGO*	16th 10:00 Coloring Club 10:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge 
20th 9:30 Chair Exercise 10:00 Canasta or Coloring Club 10:00 Mexican Train Dominoes 10:30 Ask the Nurse 11:00 Muffins with Windsor Pointe 12:00 Lunch* 1:00-2:00 BINGO*	21st 9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 10:00 Coloring Club 4:00-5:30PM Line Dancing Class* 	22nd NATIONAL MARGARITA DAY! 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta or Coloring Club 11:00 SJC Legal Aid – Megan Wall 12:00 Lunch* 1:00-2:00 BINGO*	23rd 10:00 Coloring Club 10:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge 
27th 9:30 Chair Exercise 10:00 Canasta or Coloring Club 10:00 Mexican Train Dominoes 10:30 Ask the Nurse 11:00 Fall Prevention & Recovery Tips 12:00 Lunch* 1:00-2:00 BINGO*	28th 9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 10:00 Coloring Club 4:00-5:30PM Line Dancing Class* 	29th LEAP DAY! 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta or Coloring Club 10:30 FREE Blood Pressure Checks 11:00 COA Transportation 12:00 Lunch* 1:00-2:00 BINGO*	***Please don't forget to make your lunch reservations, or call to cancel the day before if you're not coming in*** 