

Tuesday	Wednesday	Thursday	Friday
	1st 9:00 – 9:30 Chair Exercise 9:00-12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 11:30-12:30 Caregiver Support Group (1 st Wed. of each month) 10:30 – 11:30 JEOPARDY & Brain Games! 4:00-5:30PM Line Dancing Class*	2nd 9:30-10:00 Chair Exercise 10:00-11:00 Wii Bowling 10:00-11:00 Tai Chi w/Dennis 10:00-12:00 Canasta 11:00 – 12:00: Popcorn & A Movie, Groundhog Day, starring Bill Murray 12:00-1:00 Lunch* 1:00-2:00 BINGO*	3rd 10:00-12:00 Dominoes Fun 10:30 – 11:30 Bocce Ball 10:30-11:30 Tap Dance Class* 10:30- 11:30 JEOPARDY & Brain Games 12:00-3:00 Duplicate Bridge*
7th 9:30-10:00 Chair Exercise 10:00-12:00 Canasta 10:00- 11:30 Mexican Train Dominoes 10:30 – 11:30 Ask the Nurse 11:00 – 12:00: Fun with Concierge Care 12:00- 1:00 Lunch* 1:00-2:00 BINGO*	8th 9:00 – 9:30 Chair Exercise 9:00-12:00 Acrylic Painting with Instructor, Sarah* 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 10:30 – 11:30 JEOPARDY & Brain Games! 4:00-5:30PM Line Dancing Class*	9th 9:30-10:00 Chair Exercise 10:00-11:00 Wii Bowling 10:00-11:00 Tai Chi w/Dennis 10:00-12:00 Canasta 11:00 – 12:00: Senior Center Cookbook Status 11:30 Hisshin Sumi-E Painting Class* 12:00-1:00 Lunch* 1:00-2:00 BINGO*	10th 10:00-12:00 Dominoes Fun 10:30 – 11:30 Bocce Ball 10:30-11:30 Tap Dance Class* 10:30- 11:30 JEOPARDY & Brain Games 12:00-3:00 Duplicate Bridge* 
14th 9:30-10:00 Chair Exercise 10:00-12:00 Canasta 10:00- 11:30 Mexican Train Dominoes 10:30 – 11:30 Ask the Nurse 11:00 – 12:00: Valentine's Day Sing a Long Party w/Home Instead! 12:00-1:00 Lunch* 1:00-2:00 BINGO* 	15th 9:00 – 9:30 Chair Exercise 9:00-12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 10:30 – 11:30 JEOPARDY & Brain Games!  4:00-5:30PM Line Dancing Class*	16th 9:30-10:00 Chair Exercise 10:00-11:00 Wii Bowling 10:00-11:00 Tai Chi w/Dennis 10:00-12:00 Canasta 11:00 Birthday Bash w/Musical Guest Joe Crispell 12:00-1:00 Lunch* 1:00-2:00 BINGO*	17th 10:00-12:00 Dominoes Fun 10:30 – 11:30 Bocce Ball 10:30-11:30 Tap Dance Class* 10:30- 11:30 JEOPARDY & Brain Games 12:00-3:00 Duplicate Bridge*
21st 9:30-10:00 Chair Exercise 10:00-12:00 Canasta 10:00- 11:30 Mexican Train Dominoes 10:30 – 11:30 Ask the Nurse 11:00 – 12:00: Crafting w/Camellia at Deerwood 12:00-1:00 Lunch* 1:00-2:00 BINGO*	22nd 9:00 – 9:30 Chair Exercise 9:00-12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 10:30 – 11:30 JEOPARDY & Brain Games! 4:00-5:30PM Line Dancing Class*	23rd 9:30-10:00 Chair Exercise 10:00-11:00 Wii Bowling 10:00-11:00 Tai Chi w/Dennis 10:00-12:00 Canasta 11:00 SJC Legal Aide Discussion w/Megan Wall "Exploitation of the Elderly & Disabled" 12:00-1:00 Lunch* 1:00-2:00 BINGO*	24th 10:00-12:00 Dominoes Fun 10:30 – 11:30 Bocce Ball 10:30-11:30 Tap Dance Class* 10:30- 11:30 JEOPARDY & Brain Games 12:00-3:00 Duplicate Bridge*
28th 9:30-10:00 Chair Exercise 10:00-12:00 Canasta 10:00- 11:30 Mexican Train Dominoes 10:30 – 11:30 Ask the Nurse 11:00 Nutrition: Healthy Hydration 12:00-1:00 Lunch* 1:00-2:00 BINGO*			Programs at THE PLAYERS are sponsored by: 

*Fee required for program/activity