

Tuesday	Wednesday	Thursday	Friday
<p>Programs at THE PLAYERS are sponsored by:</p> 	 <p>Saturday, December 10th - Holiday Market 10AM-2PM Come Join the Fun!</p>	<p>1st</p> <p>9:30-10:00 Chair Exercise 10:00-11:00 Wii Bowling 10:00-11:00 Tai Chi w/Dennis 10:00-12:00 Canasta 11:00 Make a craft for the Holiday Market! 12:00-1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>2nd</p> <p>10:00-12:00 Dominoes Fun 10:30 – 11:30 Bocce Ball 10:30-11:30 Tap Dance Class* NEW! 11:00- 12:00 Brain Games 12:00-3:00 Duplicate Bridge*</p>
<p>6th</p> <p>9:30-10:00 Chair Exercise 10:00-12:00 Canasta 10:00- 11:30 Mexican Train Dominoes 10:30 – 11:30 Ask the Nurse 11:00 Ameris Bank – Inflation and you 12:00- 1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>7th</p> <p>9:00 – 9:30 Chair Exercise 9:00-12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 11:30-12:30 Caregiver Support Group (1st Wed. of each month) NEW!!! JEOPARDY! 11:00 4:00-5:30PM Line Dancing Class*</p>	<p>8th</p> <p>9:30-10:00 Chair Exercise 10:00-11:00 Wii Bowling 10:00-11:00 Tai Chi w/Dennis 10:00-12:00 Canasta 11:00 1st Annual ART WALK! & THE SAWGRASS SINGERS! 11:30 Hisshin Sumi-E Painting Class* 12:00-1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>9th</p> <p>10:00-12:00 Dominoes Fun 10:30 – 11:30 Bocce Ball 10:30-11:30 Tap Dance Class* NEW! 11:00- 12:00 Brain Games 12:00-3:00 Duplicate Bridge*</p>
<p>13th</p> <p>9:30-10:00 Chair Exercise 10:00-12:00 Canasta 10:00- 11:30 Mexican Train Dominoes 10:30 – 11:30 Ask the Nurse 11:00 ADT Medical Alerts 12:00-1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>14th</p> <p>9:00 – 9:30 Chair Exercise 9:00-12:00 Open Painting 9:00-12:00 Acrylic Painting with Instructor, Sarah* 9:30-12:00 Social Bridge 10:00 Let's Play Board Games NEW!!! JEOPARDY! 11:00 4:00-5:30PM Line Dancing Class*</p>	<p>15th</p> <p>9:30-10:00 Chair Exercise 10:00-11:00 Wii Bowling 10:00-11:00 Tai Chi w/Dennis 10:00-12:00 Canasta 11:00 – 12:00 ♪ Singing Group: Harmony 12:00-1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>16th</p> <p>10:00-12:00 Dominoes Fun 10:30 – 11:30 Bocce Ball 10:30-11:30 Tap Dance Class* NEW! 11:00- 12:00 Brain Games 12:00-3:00 Duplicate Bridge*</p>
<p>20th</p> <p>9:30-10:00 Chair Exercise 10:00-12:00 Canasta 10:00- 11:30 Mexican Train Dominoes 10:30 – 11:30 Ask the Nurse 11:00 Christmas Carols Karaoke 12:00-1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>21st</p> <p>Center closed until 3:30pm!!</p> <p>9:00 BUS TRIP TO RIVER HOUSE for St Johns COA Winter Wonderland Dance Show and Lunch! 4:00-5:30PM Line Dancing Class*</p>	<p>22nd</p> <p>9:30-10:00 Chair Exercise 10:00-11:00 Wii Bowling 10:00-11:00 Tai Chi w/Dennis 10:00-12:00 Canasta 11:00 Christmas Party & Cookie Decorating ~ Wear a festive outfit! 12:00-1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>23rd</p> <p>CLOSED FOR CHRISTMAS</p> 
<p>27th</p> <p>9:30-10:00 Chair Exercise 10:00-12:00 Canasta 10:00- 11:30 Mexican Train Dominoes 10:30 – 11:30 Ask the Nurse 11:00 Nutrition: Adding Nuts, Grains, Beans & Peas to Your Diet 12:00- 1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>28th</p> <p>9:00 – 9:30 Chair Exercise 9:00-12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games NEW!!! JEOPARDY! 11:00 4:00-5:30PM Line Dancing Class*</p>	<p>29th</p> <p>9:30-10:00 Chair Exercise 10:00-11:00 Wii Bowling 10:00-11:00 Tai Chi w/Dennis 10:00-12:00 Canasta 11:00 Make a 2023 Vision Board 12:00-1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>30th</p> <p>10:00-12:00 Dominoes Fun 10:30 – 11:30 Bocce Ball 10:30-11:30 Tap Dance Class* NEW! 11:00- 12:00 Brain Games 12:00-3:00 Duplicate Bridge*</p>