



SEPTEMBER 2024

THE PLAYERS Community Senior Center ~ 904-209-3659

175 Landrum Lane, Ponte Vedra Beach, FL



Tuesday	Wednesday	Thursday	Friday
<p>3rd</p> <p>9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 11:00 SJC LIBRARY 12:00 Lunch* 1:00 BINGO*</p>	<p>4th</p> <p>9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games</p> <p>11:30 Alzheimer's Support Group</p> <p>4:00-5:30PM Line Dancing Class*</p>	<p>5th</p> <p>9:15 Walking w/NextDay Access 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta 11:00 FOOTBALL IS BACK PARTY with CONCIERGE CARE! WEAR YOUR FOOTBALL ATTIRE! 12:00 Lunch* 1:00-2:00 BINGO*</p>	<p>6th</p> <p>10:00 Mah Jongg 10:30 Tap Dance Class*</p> <p>12:00-3:00 Duplicate Bridge*</p>
<p>10th</p> <p>9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 11:00 FLORIDA PUBLIC SERVICE COMMISSION 12:00 Lunch* 1:00 BINGO*</p>	<p>11th</p> <p>9:00-12:00 Acrylic Painting with Instructor, Sarah Good</p> <p>9:30-12:00 Social Bridge 10:00 Let's Play Board Games</p> <p>1:00 – 4:00 Samba* 4:00-5:30PM Line Dancing Class*</p>	<p>12th</p> <p>9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta 11:00 BIRTHDAY PARTY WITH LOU PARISI 11:30 Hisshin Sumi-e Society</p> <p>12:00 Lunch* 1:00-2:00 BINGO*</p>	<p>13th</p> <p>10:00 Mah Jongg 10:30 Tap Dance Class*</p> <p>12:00-3:00 Duplicate Bridge*</p>
<p>17th</p> <p>9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 11:00 FALL PREVENTION ~ HOME INSTEAD 12:00 Lunch* 1:00 BINGO*</p>	<p>18th</p> <p>HAPPY BIRTHDAY US AIR FORCE!</p> <p>9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games</p> <p>4:00-5:30PM Line Dancing Class*</p>	<p>19th</p> <p>9:15 Walking w/NextDay Access 9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta 10:00 – 12:00 HUMANA-CURES! (manicures) 12:00 Lunch* 1:00-2:00 BINGO*</p>	<p>20th</p> <p>10:00 Mah Jongg 10:30 Tap Dance Class*</p> <p>12:00-3:00 Duplicate Bridge*</p>
<p>24th</p> <p>9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 11:00 COOKING DEMONSTRATION 12:00 Lunch* 1:00 BINGO*</p>	<p>25th</p> <p>9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games</p> <p>1:00 – 4:00 Samba* 4:00-5:30PM Line Dancing Class*</p>	<p>26th</p> <p>9:30 Chair Exercise 10:00 Wii Bowling 10:00 Tai Chi w/Dennis 10:00 FREE Blood Pressure Check 10:00 Canasta 11:00 SJC LEGAL AID – MEGAN WALL 12:00 Lunch* 1:00-2:00 BINGO*</p>	<p>27th</p> <p>10:00 Mah Jongg 10:30 Tap Dance Class*</p> <p>12:00-3:00 Duplicate Bridge*</p>
 <p>Try to remember the kind of September When life was slow and oh, so mellow...</p>	<p>September is National Senior Center Month!!!</p>	 <p>***Please don't forget to make your lunch reservations, or call to cancel the day before if you're not coming in***</p>	<p>30th</p> 