




Tuesday	Wednesday	Thursday	Friday
 <p>***Please don't forget to make your lunch reservations, or call to cancel the day before if you're not coming in!</p>			1st 10:00 Mah Jongg 10:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge*
5th 9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 11:00 SJC LIBRARY 12:00 Lunch* 1:00 BINGO*	6th 9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 11:30 Alzheimer's Support Group 1:00 – 4:00 Coastal Friends SAMBA* 4:00-5:30PM Line Dancing Class*	7th 9:30 Chair Exercise 10:00 Nintendo Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta 11:00: BIRTHDAY PARTY w/LOU PARISI 12:00 Lunch* 1:00-2:00 BINGO*	8th 10:00 Mah Jongg 10:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge*
12th 9:30 Chair Exercise 10:00 Canasta or Coloring Club 10:00 Mexican Train Dominoes 10:30 Ask the Nurse 11:00 MIRACLE EAR HEARING AID CHECK 12:00 Lunch* 1:00-2:00 BINGO*	13th 9:00-12:00 Acrylic Painting with Instructor, Sarah Good 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 4:00-5:30PM Line Dancing Class*	14th 9:15 Walking w/NextDay Access 9:30 Chair Exercise 10:00 Nintendo Wii Bowling 10:00 Tai Chi w/Dennis 10:00 Canasta 11:00: COMMUNITY HOSPICE ~ HOPE FOR THE HOLIDAYS 11:30 Hisshin Sumi-e Society 12:00 Lunch* 1:00-2:00 BINGO*	15th 10:00 Mah Jongg 10:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge*
19th 9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 11:00: FEEDING NE FL ~ COOKING DEMO 12:00 Lunch* 1:00 BINGO*	20th 9:00 – 12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 1:00 – 4:00 Coastal Friends SAMBA* 4:00-5:30PM Line Dancing Class*	21st 9:30 Chair Exercise 10:00 Nintendo Wii Bowling 10:00 Tai Chi w/Dennis 10:00 FREE Blood Pressure Check 10:00 Canasta 11:00 SJC LEGAL AID – MEGAN WALL 12:00 Lunch* 1:00-2:00 BINGO*	22nd 10:00 Mah Jongg 10:30 Tap Dance Class* 12:00-3:00 Duplicate Bridge*
26th 9:30 Chair Exercise 10:00 Canasta 10:00 Mexican Train Dominoes 10:00 Ask the Nurse 11:00: SING A LONG w/CARMEN! 12:00 Lunch*	27th 9:00-12:00 Open Painting 9:30-12:00 Social Bridge 10:00 Let's Play Board Games 10:00 Coloring Club 4:00-5:30PM Line Dancing Class*	28th CLOSED HAPPY THANKSGIVING! 	29th CLOSED 