

Tuesday	Wednesday	Thursday	Friday
<p>2nd</p> <p>9:30-10:00 Chair Exercise 10:00-12:00 Canasta 10:00- 11:30 Mexican Train Dominoes 10:30 – 11:00 Ask the Nurse 11:00 “Cooking for 1 or 2” presentation by Dietitian, Carla Defuria 12:00- 1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>3rd</p> <p>9:00-12:00 Acrylic Painting 9:30-12:00 Social Bridge 10:30 Let’s Play Games – Scrabble, Rummikub, Yahtzee, Dominoes, etc... 11:30-12:30 Caregiver Support Group (1st Wed. of each month) 4:00-5:30PM Line Dancing Class*</p>	<p>4th</p> <p>9:30-10:00 Chair Exercise 10:00-11:00 Wii Bowling 10:00-12:00 Canasta 11:00 “Let’s Talk about RX” presentation by Home Instead 12:00-1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>5th</p> <p>10:00-12:00 Euchre Club 10:30-11:30 NEW CLASS! – Tap Dancing*  10:30- 12:00 Trivial Pursuit 12:00-3:00 Duplicate Bridge*</p>
<p>9th</p> <p>9:30-10:00 Chair Exercise 10:00-12:00 Canasta 10:00- 11:30 Mexican Train Dominoes 10:30 – 11:00 Ask the Nurse 11:00 NAVF presentation on VA benefits 12:00- 1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>10th</p> <p>9:00-12:00 Acrylic Painting 9:30-12:00 Social Bridge 10:30 Let’s Play Games – Scrabble, Rummikub, Yahtzee, Dominoes, etc... 4:00-5:30PM Line Dancing Class*</p>	<p>11th</p> <p>9:30-10:00 Chair Exercise 10:00-11:00 Wii Bowling 10:00-12:00 Canasta 11:00 Live Music by Dan Balsamo! 12:00-1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>12th</p> <p>10:00-12:00 Euchre Club 10:30-11:30 Tap Dance Class* 10:30- 12:00 Trivial Pursuit 12:00-3:00 Duplicate Bridge*</p>
<p>16th</p> <p>9:30-10:00 Chair Exercise 10:00-12:00 Canasta 10:00- 11:30 Mexican Train Dominoes 10:30 – 11:00 Ask the Nurse 11:00 Ice Cream Social and discussion on dental & vision benefits by Humana 12:00- 1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>17th</p> <p>9:00-12:00 Acrylic Painting 9:30-12:00 Social Bridge 10:30 Let’s Play Games – Scrabble, Rummikub, Yahtzee, Dominoes, etc... 4:00-5:30PM Line Dancing Class*</p>	<p>18th</p> <p>9:30-10:00 Chair Exercise 10:00-11:00 Wii Bowling 10:00-12:00 Canasta 11:00 – “Is Probate a Dirty Word? What is it?” – presented by Legal Aid 12:00-1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>19th</p> <p>10:00-12:00 Euchre Club 10:30-11:30 Tap Dance Class* 10:30- 12:00 Trivial Pursuit 12:00-3:00 Duplicate Bridge*</p> <p></p>
<p>23rd</p> <p>9:30-10:00 Chair Exercise 10:00-12:00 Canasta 10:00- 11:30 Mexican Train Dominoes 10:30 – 11:00 Ask the Nurse 11:00 August Birthday Bash!!! 12:00-1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>24th</p> <p>9:00-12:00 Acrylic Painting 9:30-12:00 Social Bridge 10:30 Let’s Play Games – Scrabble, Rummikub, Yahtzee, Dominoes, etc... 4:00-5:30PM Line Dancing Class*</p> <p></p>	<p>25th</p> <p>9:30-10:00 Chair Exercise 10:00-11:00 Wii Bowling 10:00-12:00 Canasta 11:00 Root Beer Floats & The Bag Game to honor Nat’l Senior Citizen Day 12:00-1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>26th</p> <p>10:00-12:00 Euchre Club 10:30-11:30 Tap Dance Class* 10:30- 12:00 Trivial Pursuit 12:00-3:00 Duplicate Bridge*</p>
<p>30th</p> <p>9:30-10:00 Chair Exercise 10:00-12:00 Canasta 10:00- 11:30 Mexican Train Dominoes 10:30 – 11:00 Ask the Nurse 11:00 “Steps to Improve Balance & Equilibrium” by Concierge Care 12:00-1:00 Lunch* 1:00-2:00 BINGO*</p>	<p>31st</p> <p>9:00-12:00 Acrylic Painting 9:30-12:00 Social Bridge 10:30 Let’s Play Games – Scrabble, Rummikub, Yahtzee, Dominoes, etc... 4:00-5:30PM Line Dancing Class*</p>	<p>*Fee required for program/activity</p> <p>Please note: Tai Chi is canceled for the month of August; Instructor Dennis plans to resume in September</p>	<p>Programs at THE PLAYERS are sponsored by:</p> <p></p>