

# Menu

**Hastings Senior Center ♦ May 2021 ♦ 729-9161**

## **Monday's Curbside Pickup!**

***Please call by noon the day before to schedule or cancel a reservation***

### **MENU IS SUBJECT TO CHANGE**

#### **Meals for the week of May 3rd through May 7th**

Spaghetti smothered in Italian Meat Sauce, Squash, and Italian Green Beans  
Oven Roasted Turkey, Gravy, Sweet Potato, and Seasonal Vegetables  
Country Fried Steak, Mashed Potatoes, Gravy, and Broccoli  
Baked Chicken, Rice, and Seasonal Vegetables  
Pot Roast, Roasted Potatoes, Gravy and Seasonal Vegetables

#### **Meals for the week of May 10th through May 14th**

Hamburger Steak, Rice, Gravy, and Seasonal Vegetables  
Meatloaf, Potatoes, and Seasonal Vegetables  
Baked Ziti, Broccoli and Peach Crisp  
Baked Fish, Parsley Potatoes, and Spinach  
BBQ Chicken, Vegetable Medley, and Baked Beans

#### **Meals for the week of May 17th through May 21st**

Glazed Ham topped with Pineapple, and Seasonal Vegetables  
Chicken Fettuccine Alfredo and Seasonal Vegetables  
Sloppy Joe, Roasted Potatoes, and Seasonal Vegetables  
Sausage, Peppers & Onion over Brown Rice, and Seasonal Vegetables  
Chicken Cordon Blue, Pasta, and Seasonal Vegetables

#### **Meals for the week of May 24th through May 28th**

Salisbury Steak, Rice, and Seasonal Vegetables  
Herb Crusted Pork Loin, Roasted Potatoes, and Seasonal Vegetables  
Baked Ziti and Seasonal Vegetables  
BBQ Chicken and Seasonal Vegetables  
Turkey Tetrazzini and Seasonal Vegetables

*\* Each Meal includes fruit and low fat milk* \*St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.