

Menu
Coastal Community Senior Center at River House
◆ May 2021 ◆ 209-3631

Tuesday & Thursday's Curbside Pickup!

Please call by noon the day before to schedule or cancel a reservation

MENU IS SUBJECT TO CHANGE

Meals for the week of May 3rd through May 7th

Spaghetti smothered in Italian Meat Sauce, Squash, and Italian Green Beans
Oven Roasted Turkey, Gravy, Sweet Potato, and Seasonal Vegetables
Country Fried Steak, Mashed Potatoes, Gravy, and Broccoli
Baked Chicken, Rice, and Seasonal Vegetables
Pot Roast, Roasted Potatoes, Gravy and Seasonal Vegetables

Meals for the week of May 10th through May 14th

Hamburger Steak, Rice, Gravy, and Seasonal Vegetables
Meatloaf, Potatoes, and Seasonal Vegetables
Baked Ziti, Broccoli and Peach Crisp
Baked Fish, Parsley Potatoes, and Spinach
BBQ Chicken, Vegetable Medley, and Baked Beans

Meals for the week of May 17th through May 21st

Glazed Ham topped with Pineapple, and Seasonal Vegetables
Chicken Fettuccine Alfredo and Seasonal Vegetables
Sloppy Joe, Roasted Potatoes, and Seasonal Vegetables
Sausage, Peppers & Onion over Brown Rice, and Seasonal Vegetables
Chicken Cordon Blue, Pasta, and Seasonal Vegetables

Meals for the week of May 24th through May 28th

Salisbury Steak, Rice, and Seasonal Vegetables
Herb Crusted Pork Loin, Roasted Potatoes, and Seasonal Vegetables
Baked Ziti and Seasonal Vegetables
BBQ Chicken and Seasonal Vegetables
Turkey Tetrazzini and Seasonal Vegetables

** Each Meal includes fruit and low fat milk* *St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.