

Menu

Meals On Wheels ♦ April 2021 ♦ 209-3696

Please call by noon the day before to schedule or cancel a reservation

Monday	Tuesday	Wednesday	Thursday	Friday
				2nd Tuna Salad on Wheat Bread, Lettuce, Tomato, Pickled Beets, and Fruit Salad
5th Pesto Chicken Pasta, Vegetable Medley, and Seasonal Vegetables	6th Baked Ham, Sweet Potatoes, Cabbage, and Dinner Roll	7th Chicken Fettuccine Alfredo, Carrots, and Green Beans	8th Sloppy Joe, Roasted Potatoes Wedges, and Corn	9th Chicken Salad served on a bed of Mixed Greens, Tomato, Cucumber, and English Pea Salad
12th All Beef Hot Dog, Baked Beans, Peach Crisp	13th Hamburger Steak, Peas, Carrots, and Brown Rice	14th Herb Crusted Pork Loin, Roasted Potatoes, Green Beans, and Dinner Roll	15th Baked Ziti, Seasonal Vegetables, and Garlic Knot	16th Turkey Salad served on a Bed of Lettuce, Tomato, Pasta Salad, and Fruit
19th BBQ Chicken, Vegetable Medley, Corn, and Dinner Roll	20th Aussie Chicken, Sautéed Spinach, Carrots, and Dinner Roll	21st Baked Fish, Squash, Scalloped Potatoes, and Dinner Roll	22nd BBQ Pork Sandwich on a Bun, Baked Beans, and Seasonal Vegetables	23rd Chicken Taco Salad, Lettuce, Tomato, Black Olives, Corn Chips, and Salsa
26th Meatballs over Egg Noodles, and Seasonal Vegetables	27th Spaghetti smothered in Italian Meat Sauce, Squash, and Italian Green Beans	28th Oven Roasted Turkey, Gravy, Sweet Potatoes, Seasonal Vegetables, and Dinner Roll	29th Country Fried Steak, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll	30th Roast Beef Salad, Lettuce, Tomato, Cucumbers, Potato Salad, and Fresh Fruit

** Each Meal includes fruit and low fat milk **

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.