

Menu Meals On Wheels

◆ April 2024 ◆

209-3693

Please call by noon the day before to schedule or cancel a reservation

All menu items are subject to change according to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
1st All Beef Hot Dog, Sauerkraut, and Roasted Potatoes	2nd Baked Chicken, Baby Carrots, Sugar Snap Peas, and Rice	3rd Pot Roast smothered in gravy, Mashed Potatoes, Seasonal Vegetables, and Dinner Roll	4th Italian Pasta Salad on a Bed of Lettuce, Broccoli Salad, and Fresh Fruit	5th Turkey Salad Croissant w/ Lettuce Sliced Tomato, and Pickled Beet Salad
8th BBQ Pulled Pork, Baked Beans, Corn, and Dinner Roll	9th Chicken Enchiladas, Black Beans & Rice, Tomato, Onions, and Black Olives	10th Herb Crusted Pork Loin, Mashed Potatoes, Mushroom Gravy, and Broccoli	11th Beef Stew, Lima Beans, Baked Apples, and Biscuit	12th Chicken Tenders, Macaroni & Cheese, and Green Beans
15th Stuffed Bell Peppers, Parsley Potatoes, and Seasonal Vegetables	16h Spaghetti smothered in Italian Meat Sauce, Yellow Squash, and Italian Green Beans	17th Chicken Salad on a Bed of Crisp Lettuce, Grape Tomatoes, Cucumbers, Fresh Fruit, and Wafer Crackers	18th All Beef Hot Dog, Sauerkraut, and Tater Tots	19th Breaded Fish, Grilled Vegetables, Roasted Brussel Sprouts, and Rice Pilaf
22nd Oven Roasted Turkey, Stuffing, Gravy, Seasonal Vegetables, and Sweet Potatoes	23rd Baked Ham, Sliced Pineapple, Steamed Cabbage, Sweet Potatoes, and Dinner Roll	24th French Dip topped with Swiss Cheese, Mushrooms & Onions, and Seasonal Vegetables	25th Smoked Sausage & Rice, Baked Beans, and Baked Apples	26th Stuff Shells smothered with Sauce, Vegetable Medley, and Seasonal Vegetables
29th Chicken Fettuccine Alfredo, Seasonal Vegetables, and Baked Peaches	30th Hamburger Steak smothered in Gravy, Seasonal Vegetables, and Rice			

** Each Meal includes fruit and low fat milk **

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.