

Monday	Wednesday	Friday	
<p>Hastings Program Coordinator Lorain Vinson 904-729-9161 lvinson@stjohnscoa.com</p>		<p><i>2 National Donut Day</i> 10:00 Walking 10:30 Diabetes Information Workshop Putnam County Health Department</p>	<p><u>Every Monday</u> 9:30 Coffee Chat 10:00 Exercise 10:45 Dominoes 11:45 Lunch 12:15 Trivia / Games 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>5 Hot Air Balloon Day 9:00 Gardening at the Harris Center 10:00 University of St Augustine OTD/OTRD Students</p>	<p>7 World Caring Day 10:00 Hastings Branch Library Exercise 10:30 Jeopardy at the Library 11:00 Community Hospice- Use of Memory Aids 12:45 Social/Events Committees Mtg</p>	<p>9 National Donald Duck Day 10:00 Walking- Lets walk like a duck!!! 10:30 Art with Janet Gallagher</p>	<p><u>Every Wednesday</u> 9:30 Coffee Chat 10:00 Exercise 10:30 Presentation 11:45 Lunch 12:15 Bingo 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>12 National Men's Health Week 9:00 Gardening at the Harris Center 10:00 University of St Augustine OTD/OTRD Students</p>	<p>14 Flag Day 10:00 Exercise 10:30 Tech Class with the Hastings Branch Library at COA. 11:00 BP Clinic w/Flagler Health + Care Connect 12:45 Advisory Committee Meeting</p>	<p>16 National Fudge Day 10:00 Walking 10:30 IMEP COA Brain Health Program Presentation 12:15 Father's Day Treats!</p>	<p><u>Every Friday</u> 9:30 Coffee Chat 10:00 Walking 10:30 Classes 11:45 Lunch 12:15 Memory Games 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>19 Juneteenth 9:00 Gardening at the Harris Center 10:00 Stretching</p>	<p>21 Summer Solstice 10:00 Exercise at the Library 10:30 Stars Rehabilitation Physical Therapy – Fall Prevention 12:00 Birthday Celebration Provided for us by STARS Rehabilitation.</p>	<p>23 National Pink Day- Wear pink! 11:00:30 Art with Janet Gallagher</p>	
<p>26 National Chocolate Pudding Day 10:00 University of St Augustine OTD/OTRD Students</p>	<p>28 National Day of Joy 10:00 Exercise at the Library 10:30 Wildflower Healthcare – BP Checks & Chat with the Nurse 11:00 Visit w/SJC Health & Human Services</p>	<p>30 Watermelon Seed Spitting Day 10:30 Jeopardy Game at The Hastings Branch library!!</p>	