


<b>June 2022</b>		
Monday	Wednesday	Friday
	<b>1<sup>st</sup></b> 9:00-10:00 Cards, Games 10:00 Welcome, Announcements 10:05 – 11:00 speaker <b>Bridget Llave, Encompass Health—Inpatient Rehab</b> 11:00 – 11:45 Wii Bowling 11:45 Lunch	<b>3<sup>rd</sup></b> 9:00-10:00 Cards, Games 9:00-12:00 <b>Blood Pressure Checks, sponsored by the YMCA</b> 10:00 Welcome, Announcements 10:15-10:45 Bingo 11:45 Lunch
<b>6<sup>th</sup></b> 9:00-10:00 Cards, Games 10:00 Welcome, Announcements 10:15-10:45 Nutrition Education 10:45 – 11:45 Chair Volleyball 11:45 Lunch	<b>8<sup>th</sup></b> 9:00-10:00 Cards, Games 10:00 Welcome, Announcements 10:15-10:45 Shuffleboard 11:45 Lunch	<b>10<sup>th</sup></b> 9:00-10:00 Cards, Games 10:00 Welcome, Announcements  10:15-10:45 Bingo 11:45 Lunch
<b>13<sup>th</sup></b> 9:00-10:00 Cards, Games 10:00 Welcome, Announcements 10:15-10:45 Shuffleboard 11:45 Lunch 	<b>15<sup>th</sup></b> 9:00-10:00 Cards, Games 10:00 Welcome, Announcements 10:15-10:45 <b>Book Club</b> 10:15-10:45 Wii Bowling 11:45 Lunch	<b>17<sup>th</sup></b> 9:00-10:00 Cards, Games 9:00-12:00 <b>Blood Pressure Checks, sponsored by the YMCA</b> 10:00 Welcome, Announcements 10:45-11:45 <b>Music by Lou Parisi</b> 11:45 Lunch
<b>20<sup>th</sup></b> 9:00-10:00 Cards, Games 10:00 Welcome, Announcements 10:15-10:45 Nutrition Education 10:45 – 11:15 Trivia 11:45 Lunch	<b>22<sup>nd</sup></b> 9:00-10:00 Cards, Games 10:00 Welcome, Announcements 10:30-11:30 speaker <b>Attorney Megan Wall, from Legal Aid</b>  11:45 Lunch	<b>24<sup>th</sup></b> 9:00-10:00 Cards, Games 10:00 Welcome, Announcements 10:15-10:45 <b>Bingo sponsored by Humana</b> 11:45 Lunch
<b>27<sup>th</sup></b> 9:00-10:00 Cards, Games 10:00 Welcome, Announcements 10:15 – 10:45 Chair Volleyball 11:45 Lunch	<b>29<sup>th</sup></b> 9:00-10:00 Cards, Games 10:00 Welcome, Announcements 10:15-11:15 <b>guest presentation: Caring for the Caregiver</b> 11:45 Lunch	