





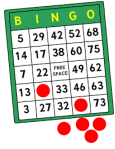



July 2022		
Monday	Wednesday	Friday
<p>Available every day:</p> <p>Wii Bowling</p> <p>Shuffleboard</p> <p>Chair Volleyball</p> <p>And more!</p> 		<p>1<sup>st</sup></p> <p>Spirit Day--Wear your <b>red</b>, white and <b>blue</b>!</p> <p>9:00-10:30 Cards, Puzzles, Games</p> <p>10:30-11:30 Bingo</p> <p>11:45 Lunch</p>
<p>4<sup>th</sup></p>  <p><b>CLOSED</b> FOR <b>INDEPENDENCE</b> DAY</p>	<p>6<sup>th</sup></p> <p>9:00-10:00 Cards, Puzzles, Games</p> <p><b>A treat for Nat'l Watermelon Month!</b></p> <p>10:30 Nutrition Education</p> <p>11:00-11:30 Trivia</p> <p>11:45 Lunch</p>	<p>8<sup>th</sup></p> <p>9:00-10:30 Cards, Puzzles, Games</p> <p>10:30-11:30 Bingo</p> <p>11:45 Lunch</p> 
<p>11<sup>th</sup></p> <p>9:00-10:30 Cards, Games</p> <p>10:30-11:30 You Be the Judge game</p> <p>11:45 Lunch</p>	<p>13<sup>th</sup></p> <p>9:00-10:30 Cards, Puzzles, Games</p> <p><b>10:30 – 11:30 Celebrate July birthdays with music by Don Miniard!</b></p>  <p>11:45 Lunch</p>	<p>15<sup>th</sup></p> <p>9:00-10:00 Cards, Puzzles, Games</p> <p>9:00-12:00 Blood Pressure Checks, sponsored by the YMCA</p> <p>9:30 – 10:30 guest presentation on Diabetes prevention by Humana</p> <p>10:30 – 11:30 Bingo</p> <p>11:45 Lunch</p>
<p>18<sup>th</sup></p> <p>9:00-10:30 Cards, Games</p> <p>10:30-11:30 Chair Volleyball</p>  <p>11:45 Lunch</p>	<p>20<sup>th</sup></p> <p>9:00-10:00 Cards, Games</p> <p>10:00 Nutrition Education</p> <p>10:15-11:15 Book Club</p> <p>10:30 – 11:30 Wii Bowling</p> <p>11:45 Lunch</p>	<p>22<sup>nd</sup></p> <p>9:00-10:30 Cards, Puzzles, Games</p> <p>10:30 – 11:30 Bingo</p>  <p>11:45 Lunch</p>
<p>25<sup>th</sup></p> <p>9:00-10:30 Cards, Games</p> <p>10:30 – 11:30 Craft—make a bracelet or decorate a frame</p> <p>11:45 Lunch</p>	<p>27<sup>th</sup></p> <p>9:00-10:30 Cards, Puzzles, Games</p> <p>10:30 – 11:30 You Be the Judge, Trivia, or Chair Volleyball—help us choose!</p>  <p>11:45 Lunch</p>	<p>29<sup>th</sup></p> <p>9:00-10:30 Cards, Puzzles Games</p> <p>9:00-12:00 Blood Pressure Checks, sponsored by the YMCA</p> <p>10:30 – 11:30 Bingo</p> <p>11:45 Lunch</p>