



JULY 2024

Tuesday

Wednesday

<p>2 10:00 Caregiver Needs Assessment 1:00 Caregiver Support Group (1.5) 1:00 Open Card Play (3hrs) 2:30 – 6:00 Caregiver Needs Assessments</p>	<p>3 9:30 Open Art (2hrs) 1:00 Mah Jongg Meet Up (2 hrs) 1:00 Tai Chi* 3:00 Parkinson’s Meet, Greet & Learn</p>
<p>9 10:00 BINGO 11:00 Widows & Widowers (1.5hrs) 1:00 Caregiver Support Group (1.5hrs) 1:00 Open Card Play (3hrs) 2:30 – 6:00 Caregiver Needs Assessments</p>	<p>10 9:30 Open Art (2 hrs) 10:00 Medication Review by Appt 1:00 Mah Jongg Meet Up (2 hrs) 1:00 Tai Chi* 2:30 - 6:00 Caregiver Needs Assessment</p>
<p>16 10:00 Fire Safety w/ St. Johns County Fire & Rescue 1:00 Caregiver Support Group (1.5hrs) 1:00 Open Card Play (3hrs) 2:30 – 6:00 Caregiver Needs Assessments</p>	<p>17 9:30 Open Art (2hrs) 1:00 Genealogy (3rd Wed) (1.5 hrs) 1:00 Tai Chi* 2:30 - 6:00 Caregiver Needs Assessment 3:00 Mah Jongg Meet-up (2hrs)</p>
<p>23 11:00 Widows & Widowers (1.5hrs) 1:00 Caregiver Support Group (1.5hrs) 1:00 Open Card Play (3hrs) 2:30 – 6:00 Caregiver Needs Assessments</p>	<p>24 9:30 Open Art (2hrs) 10:00 Life Quest Organ Recovery Program 1:00 Mah Jongg Meet Up (2 hrs) 1:00 Tai Chi* 2:30 - 6:00 Caregiver Needs Assessment</p>
<p>30 10:30 Reclaimed Water in the Home Landscape 1:00 Caregiver Support Group (1.5) 1:00 Open Card Play (3hrs) 2:30 – 6:00 Caregiver Needs Assessments</p>	<p>31 9:30 Open Art (2hrs) 10:00 Hidden in Plain Sight 1:00 Mah Jongg Meet Up (2 hrs) 1:00 Tai Chi* 2:30 - 6:00 Caregiver Needs Assessment</p>

Schedule is subject to change. Advanced registration is required. All events last for an hour unless otherwise noted. Please call (904) 819-3234 or email pbrunell@stjohnscoa.com to register. For classes marked with an * there is a small fee. Please register at <https://coasjc.coursetorm.com/category/coa-center-at-nocatee>