



JANUARY

**CLASSES AT RIVER HOUSE
179 MARINE STREET IN ST. AUGUSTINE**

Tuesday Classes

- Art History with David Ouellette 9 - 11
- Group Singing 101 with Abigail Dyer 10:15 - 11:15
- Tai Chi with Andrew Schirmacher (meets Tues.& Thurs.) 11:15 - 12:15
- Line Dance with Ramona Walter 11:30 - 12:30
- Happy Hand Puppets with Chris Kastle 12:30 - 2:30
- Mindful Meditation with Judy Angyalffy 12:30 - 2:30
- Ballroom Dance Group Class with Ramona Walter 12:45 - 1:45

Wednesday Classes

- Watercolor 1 with David Ouellette 9 - 11
- Ukulele Level 2 with Dennis Fermin 9:45 - 11:15
- Chair Yoga with Becky Dawson 10:30 - 11:30
- Guitar - Jamming to the Classics with Dennis Fermin 11:30 - 1
- Beginning Acrylic Landscape Painting with Jenny Keyser 11:30 - 1:30
- Hooping for Fitness and Fun with Stacey Fermin 11:45 - 12:45
- Intermediate / Advanced Tap Dancing with Judy Woodruff 1:30 - 3
- Intermediate Acrylic Painting with Jenny Keyser 2 - 4
- Herbology with James Carucci 3:30 - 4:30

Thursday Classes

- Chair Yoga with Becky Dawson 9 - 10
- Belly Dance (Level 2) with Gina Marie Newman 10:45 - 11:45
- Introduction to Calligraphy with Liz Monaco 11 - 1
- Tai Chi with Andrew Schirmacher (meets Tues.& Thurs.) 11:15 - 12:15
- Belly Dance for Fitness and Fun with Gina Marie Newman 11:45 - 12:45
- Improve the Quality of Your Life with Karen Ball 12:30 - 2
- Colored Pencil Art with Liz Monaco 1:30 - 3:30
- Tap Dance for Beginners with Judy Woodruff 2 - 3



Please Register Online at
WWW.COASJC.ORG/RIVER-HOUSE
For more information call
904 209 3655
Tuesday - Thursday



JANUARY NO CHARGE ACTIVITIES

AT

RIVER HOUSE

179 MARINE STREET IN ST. AUGUSTINE

Monday Free Activity

COA Travel Club: find out about upcoming travel opportunities. Monday January 9 at 2:00.

Tuesday Free Activities

One on One Tech Help with Daniel Berg. Need help using your electronic device? Reserve a spot now at 904 209 3655 for a one hour session on Tuesdays from 10 - 2.

Healing Hearts: After the loss of a loved one, coping with daily living can be hard. Knowing you are not alone in your difficult journey can make all the difference. Meets the 2nd and 4th Tuesday of each month from 9:30 a.m. to 10:30 a.m.

Happy Hookers: Come join this social group as they crochet, knit, etc. Every Tuesday from 10 a.m. to noon

Open Art Studio: Bring your art project to work on while you socialize with other artists! Every Tuesday from 10 a.m. to noon

Mahjong Open Play: Bring your mahjong game and come play with others. Every Tuesday from 1 p.m. to 3 p.m.

Wednesday Free Activities

STA Strong BHOFF (Bone Health & Osteoporosis Foundation) Education Group: This group meets bimonthly to learn about prevention, diagnosis, and treatment of osteoporosis. The first meeting is Wednesday, January 11 from 1:30 to 2:30.

Widow to Widow: Join us for a support group by widows for widows. Meets every Wednesday from 11:30 a.m. to 12:30 p.m.

Scrabble Open Play: Come socialize with others while playing this popular spelling game. Every Wednesday from 1 p.m. to 4 p.m.

Book Club: Come join others in reading and discussing various books. First Wednesday of each month from 2 p.m. to 3:30 p.m.

Thursday Free Activities

Rightsizing - Downsizing: What issues do longtime homeowners and downsizing seniors face? Thursday, January 26 from 10:30 a.m. to noon.

Open Card Play: Bring your deck of cards and socialize over a friendly card game of your choosing. Every Thursday from 12:15 p.m. to 3:15 p.m.

Friday Free Activity

What Happens When You Die Without a Will? with Megan Wall of Legal Aid: on January 27 from 10 a.m. to 11 a.m. Reservations are requested but not required at 904 209 3655.

For more info go to www.coasjc.org, click on **Programs and Services**, then **Centers**, and then **River House**. Or call 904 209 3655 Tues. - Thurs.