

# Menu

## Hastings Senior Center

◆ September 2023 ◆

209-3694

*Please call by noon the day before to schedule or cancel a reservation*

**\*All menu items are subject to change according to availability.\***

MONDAY	WEDNESDAY	FRIDAY
		1st Pulled Pork Sandwich, Baked Beans, and Seasonal Vegetables
4th COA Holiday Closed  <b>Labor Day!</b>	6th Ham & Cheese Sandwich w/ Lettuce, Tomato, Pickle Chips, and English Pea Salad	8th Breaded Fillet of Fish, Baked Potato, Seasonal Vegetables, and Dinner Roll
11th Cheese Burger w/ Lettuce, Tomato, Onion, Pickle, and Roasted Potato Wedges	13th Chicken Taco Salad, Lettuce, Tomato, Diced Tomato, Onion, Salsa, and Corn Chips	15th Beef Tips & Gravy over Egg Noodles, and Seasonal Vegetables
18th Oven Fried Chicken, Collard Greens, and Macaroni & Cheese	20th All Beef Hot Dog, Potato Salad, and Baked Beans	22nd Pot Roast, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll
25th Baked Ham topped with Pineapple, Seasonal Vegetables, and Dinner Roll	27th Chef Salad w/Turkey, Cheese, Hard Boiled Egg, Lettuce, Tomato, Cucumbers, and Crackers	29th Meatloaf, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll

**\* Each Meal includes fruit and low fat milk \***

**Located at:  
Al Wilke Community Center,  
6150 S. Main Street, Hastings FL 32145**