

# Menu Hastings Senior Center

◆ August 2023 ◆

209-3694

*Please call by noon the day before to schedule or cancel a reservation*

**\*All menu items are subject to change according to availability.\***

MONDAY	WEDNESDAY	FRIDAY
<b>31st ~ July</b> Spaghetti smothered in Italian Meat Sauce, Caesar Salad, and Garlic Bread	2nd Ham & Cheese Sandwich w/ Lettuce, Tomato, Pickle Chips, and English Pea Salad	4th Breaded Fillet of Fish, Parsley Potatoes, Seasonal Vegetables, and Dinner Roll
7th Chicken Taco Salad, Lettuce, Tomato, Diced Tomato, Onion, Salsa, and Corn Chips	9th Cheese Burger w/ Lettuce, Tomato, Onion, Pickle, and Roasted Potato Wedges	11th Sliced Beef, Peppers & Onions over Rice, and Seasonal Vegetables
14th Oven Fried Chicken, Collard Greens, and Macaroni & Cheese	16th Roasted Pork, Parsley Potatoes, Seasonal Vegetables, and Dinner Roll	18th Meatball & Cheese Sub, and Garden Salad
21st Chef Salad w/Turkey, Cheese, Hard Boiled Egg, Lettuce, Tomato, Cucumbers, and Crackers	23rd Meatloaf, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll	25th Baked Ham topped with Pineapple, Seasonal Vegetables, and Dinner Roll
28th <b>Field Trip~ Lunch at Coastal Community Center</b> Turkey & Swiss Cheese Sandwich w/Lettuce, Sliced Tomato, Pickle, and Chips	30th Stuffed Cabbage, Parsley Potatoes, and Seasonal Vegetables	

**\* Each Meal includes fruit and low fat milk \***

**Located at:  
Al Wilke Community Center,  
6150 S. Main Street, Hastings FL 32145**