

Monday	Wednesday	Friday	
<p>1 April Fool's Day 9:00 - Gardening at the Harris Center 10:00 - Tonya McGary</p>	<p>3 National Walking Day 10:00 - Hastings Branch Library Aerobic Exercise 10:30 - Astronomy Program at the COA 12:45 - Social Committee Meeting</p>	<p>5 National Caramel Day 10:00 - Art with Janet Gallagher Sponsored by Simply Healthcare 11:00 - Yoga with Maiga</p>	<p><u>Every Monday</u> 9:30 Coffee Chat 10:00 Exercise 10:45 Games & Dominoes 11:45 Lunch 12:15 Trivia 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>8 National Zoo Lovers Day 9:00 - Gardening at the Harris Center 10:00 - Tonya McGary</p> 	<p>10 Siblings Day- Show some love to your siblings. 10:00 - Hastings Branch Library Aerobic Exercise 10:30 - Free Home Weatherization Assistance Program by St Johns Housing Authority 10:30 - BP Clinic W/UF & Flagler Health + Chat with Nurse Alfea 12:45 - Advisory Council Meeting</p>	<p>12 National Grilled Cheese Day 10:00 - Prevention Coalition- Safe Disposal of Medications 11:00 - Yoga with Maiga</p>	<p><u>Every Wednesday</u> 9:30 Coffee Chat 10:00 Exercise 10:30 Presentations 11:45 Lunch 12:15 Bingo 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>15 Tax Day 9:00 - Gardening at the Harris Center 10:00 - Tonya McGary</p>	<p>17 Flag Day/ National Banana Day 10:00 - Hastings Branch Library Aerobic Exercise 10:30 - Jeopardy at The Hastings Branch Library Birthday Celebration Sponsored by Capital City Bank</p>	<p>19 Bicycle Day 10:00 - Cooking for Wellness with Wendy at the Hastings Branch Library</p>	<p><u>Every Friday</u> 9:30 Coffee Chat 10:00 Classes 11:00 Yoga Class 11:45 Lunch 12:15 Memory Games 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>22 Earth Day 9:00 - Gardening at the Harris Center 10:00 - Tonya McGary</p> 	<p>24 National Zucchini Bread Day 10:00 - Hastings Branch Library Aerobic Exercise 10:30 - Karaoke with Stan and Stan the Man 10:30 - Wildflower Healthcare BP Checks & Chat with Nurse</p>	<p>26 Arbor Day/Pretzel Day 10:00 - Art with Janet Gallagher Sponsored by Simply Healthcare 11:00 - Yoga with Maiga</p>	<p>Hastings Program Coordinator: Lorain Vinson lvinson@stjohnscoa.com 904-729-9161</p>
<p>29 International Dance Day 9:00 - Gardening at the Harris Center 10:00 - Tonya McGary</p>			