

Monday	Wednesday	Friday	
<p><b>1 Center CLOSED</b></p> 	<p><b>3</b> 10:00 Hastings Branch Library Aerobic Exercise</p> 	<p><b>5 National Bird Day</b>  11:00 Yoga with Maiga  10:00 Art with Janet Gallagher Sponsored by Simply Healthcare</p>	<p><b><u>Every Monday</u></b> 9:30 Coffee Chat 10:00 Exercise 10:45 Games &amp; Dominoes 11:45 Lunch 12:15 Trivia 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p><b>8 National Joy Germ Day- Time to spread lots of Joy!!</b>  9:00 Harris Center Gardening 10:00 Exercise Class w/Tonya <b>10:30 Theatre Arts- Scripting Stories Flagler College</b></p>	<p><b>10 Houseplant Appreciation Day COA Care Connection Rep Onsite</b>  10:00 Aerobic Exercise w/Library <b>10:30 Comfort Food Sharing- Please bring in tasty &amp; feel-good food!</b></p>	<p><b>12 National Hot Tea Day</b>  10:00 Dance with Tricia!!! 10:30 Art with Janet Gallagher Sponsored by Simply Healthcare</p>	<p><b><u>Every Wednesday</u></b> 9:30 Coffee Chat 10:00 Exercise 10:30 Presentations 11:45 Lunch 12:15 Bingo 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p><b>15 Center CLOSED</b></p> 	<p><b>17 Popeye Day</b> <b>10:00 Hastings Library Aerobic Exercise</b> <b>10:30 BP Clinic W/UF&amp;Flagler Health +</b> 12:45 Advisory Council Meeting</p>	<p><b>19 National Popcorn Day</b>  10:00 Cooking for Wellness with Wendy Lynch UF/IFUS Extension</p> 	<p><b><u>Every Friday</u></b> 9:30 Coffee Chat 10:00 Dance Class 10:30 Classes 11:45 Lunch 12:15 Memory Games 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p><b>22 National Polka Dot Day!!!</b> 9:00 Harris Center Gardening 10:00 Exercise Class w/Tonya <b>10:30 USA OT Students</b></p>	<p><b>24 Library Selfie Day- Show us a selfie at the library and get a prize!</b>  10:00 Aerobic Exercise w/Library 10:30 Jeopardy at Hasting Library</p>	<p><b>26 National Fun At Work Day</b>  11:00 Yoga with Maiga</p>	<p>Hastings Program Coordinator: Lorain Vinson <a href="mailto:lvinson@stjohnscoa.com">lvinson@stjohnscoa.com</a> 904-729-9161</p>
<p><b>29 National Puzzle Day</b> 9:00 Harris Center Gardening 10:00 Exercise Class w/Tonya <b>10:30 USA OT Students</b></p>	<p><b>31 Backwards Day- Let's wear everything backward!</b> <b>10:00 Aerobic Exercise w/Library</b> <b>10:30 Wildflower Healthcare BP Checks &amp; Nurse Chat</b></p>	<p><b>January 20th @ 11:00 – 2:00 Senior Day in the Woods at South Woods Elementary</b></p>	