

Monday	Wednesday	Friday	
	<p>1 May Day 10:00 Do Not Go to The Library. It will be closed. 10:30 Honoring Choices Community Hospice 12:45 Social Committee Meeting</p>	<p>3 National Two Different Color Shoes Day 10:00 Art with Janet Gallagher Sponsored by Simply Healthcare 11:00 Yoga with Maiga</p>	<p><u>Every Monday</u> 9:30 Coffee Chat 10:00 Exercise 10:45 Games & Dominoes 11:45 Lunch 12:15 Trivia 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>6 Deaf Awareness Week/National No Diet Day 9:00 Gardening at the Harris Center 10:00 Tonya McGary 10:30 Games</p> 	<p>8 No Socks Day 10:00 Hastings Branch Library Aerobic Exercise 10:30 Fun and Games 12:30-2:30 Wellness Wednesday Series: Lunch and Learn Skin Cancer Awareness, Breast Cancer— Speaker Carrie Bennet UF Breast Cancer Educator</p>	<p>10 Biggest Week in American Birding/Mother's Day Celebration 10:00 Yoga with Maiga 11:00 Prevention Coalition- Safe Disposal of Medications 12:45 Advisory Council Meeting</p>	<p><u>Every Wednesday</u> 9:30 Coffee Chat 10:00 Exercise 10:30 Presentations 11:45 Lunch 12:15 Bingo 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>13 National Apple Pie and Women's Check Up Day 9:00 Gardening at the Harris Center 10:00 Walking 10:30 Games</p>	<p>15 National Senior Awareness Day 10:00 Hastings Branch Library Aerobic Exercise 10:30 Jeopardy at The Hastings Branch Library Birthday Celebration Sponsored by Capital City Bank</p>	<p>17 Shades Day- Lets all Wear Our Shades and be Cool 10:00- Yoga with Maiga 11:00 Chris Benjamin St. Johns County Waste Management</p>	<p><u>Every Friday</u> 9:30 Coffee Chat 10:00 Classes 11:00 Yoga Class 11:45 Lunch 12:15 Memory Games 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>20 National Red Sneakers Day 9:00 Gardening at the Harris Center 10:00 Tonya McGary 10:30 Games</p>	<p>22 National Solitaire Day 10:00 Hastings Branch Library Aerobic Exercise 10:30 Bees in the Garden- St Johns County Beekeepers Association</p>	<p>24 National Brothers Day 10:00 Art with Janet Gallagher Sponsored by Simply Healthcare 11:00 Yoga with Maiga</p>	<p>Hastings Program Coordinator: Lorain Vinson lvinson@stjohnscoa.com 904-729-9161</p>
<p>27 Memorial Day COA Will be Closed</p> 	<p>29 Learn About Composting Day/ National Flip Flop Day 10:00 Hastings Branch Library Aerobic Exercise 10:30 Wildflower Healthcare BP Checks & Chat with Nurse Jean</p>	<p>31 National Heat Awareness Day 10:00 Fun and Games 11:00 Yoga with Maiga</p>	<p>May 1st Library is closed</p> 