



Monday	Wednesday	Friday	
<p>1 <i>Global Love Day</i> 9:00 Gardening at the Harris Center</p> <p>10:00 Stretching</p> <p>10:30 Crafts w/Linda (please bring paper towel rolls for this craft)</p>	<p>3 <i>Two Different Color Shoes Day!</i> 10:00 Hastings Library Exercise</p> <p>10:30 SJC Recycling & Solid Waste Program w/ Chris Benjamin</p> <p>12:45 Social/Events Committees Mtg</p>	<p>5 <i>Cinco De Mayo- Let's get dressed up and celebrate our Mexican Heritage!</i></p> <p>10:00 Walking</p> <p>10:30 SHINE Medicare Financial Assistance Program</p>	<p><u>Every Monday</u> 9:30 Coffee Chat 10:00 Exercise 10:45 Dominoes 11:45 Lunch 12:15 Trivia / Games 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>8 <i>National Have a Coke Day Let's drink to 131 years!</i></p> <p>9:00 Gardening at the Harris Center</p> <p>10:00 Stretching</p>	<p>10 <i>National Clean Your Room Day</i> 10:00 Hastings Library Exercise</p> <p>10:30 BP Clinic w/Flagler Health + Care Connect</p> <p>11:00 Tech Class w/Hastings Library</p> <p>12:45 Advisory Committee Meeting</p>	<p>12 <i>Wear Shades Day/ Mother's Day Celebration (14th) Let's slide on some sunshades!</i></p> <p>10:00 Walking</p> <p>10:30 Art Class w/oils by Janet</p>	<p><u>Every Wednesday</u> 9:30 Coffee Chat 10:00 Exercise 10:30 Presentation 11:45 Lunch 12:15 Bingo 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>15 <i>Let's Celebrate Straw Hat Day by wearing one!</i></p> <p>9:00 Gardening at the Harris Center</p> <p>10:00 Stretching</p>	<p>17 <i>National Juice Slush Day</i> 10:00 Hastings Library Exercise</p> <p>10:30 Community Hospice presentation: Use of Memory Aids</p> <p>12:00 Birthday Party Sponsored by Capitol City Bank ~ enjoy a Kona Ice Treat!</p>	<p>19 <i>Endangered Species Day</i></p> <p>10:00 Walking</p> <p>10:30 Jeopardy Game at The Hastings Branch library!!</p> <p>10:30 SHINE Medicare Financial Assistance Program</p>	<p><u>Every Friday</u> 9:30 Coffee Chat 10:00 Walking 10:30 Classes 11:45 Lunch 12:15 Memory Games 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>22 <i>National Solitaire Day</i></p> <p>9:00 Gardening at the Harris Center</p> <p>10:00 Stretching</p>	<p>24 <i>National Mike Day ~ Let's show love to our dear Mikes!</i> 10:00 Hastings Library Exercise</p> <p>10:30 AHEC Vaccination Education for 60 & Older</p>	<p>26 <i>Memorial Day/ National Paper Airplane Day</i></p> <p>10:30 Art Class w/oils by Janet</p>	<p>May is the Month for: Asthma Awareness Better Hearing & Speech Older Americans Month</p>
<p>29 CLOSED for Holiday</p> 	<p>31 <i>National Smile Day</i> 10:00 Expertise at the Library</p> <p>10:30 Wildflower Healthcare – BP Checks & Chat with the Nurse 11:00 Visit w/Shanee SJC HHS</p>		<p>Hastings Program Coordinator Lorain Vinson 904-729-9161 lvinson@stjohnscoa.com</p>