

Monday	Wednesday	Friday	
	<p>2 <i>National Ice Cream Sandwich Day</i></p> <p><b>10:30 STARS Rehab Fall Prevention Presentation</b></p> <p>12:45 Social and or Events Committees Meeting</p>	<p>4 <i>National Water Balloon Day</i></p> <p>10:00 Walking</p> <p><b>10:30 Fossil Program with the Hastings Branch Library</b></p>	<p><b><u>Every Monday</u></b></p> <p>9:30 Coffee Chat 10:00 Exercise 10:45 Dominoes 11:45 Lunch 12:15 Trivia / Games 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>7 <i>National Light House Day</i></p> <p>9:00 Gardening at the Harris Center</p> <p>10:30 Stretching</p>	<p>9 <i>Book Lovers Day</i></p> <p>10:00 Hastings Library Exercise</p> <p>10:30 BP Clinic w/Flagler Health + Care Connect</p> <p><b>11:00 SJC Outreach Presentation with Chris Benjamin</b></p> <p>12:45 Advisory Committee Meeting</p>	<p>11 <i>President Joke Day</i></p> <p><b>10:00 - IFUS Cooking with Wendy Lynch at The Hastings Branch Library</b></p>	<p><b><u>Every Wednesday</u></b></p> <p>9:30 Coffee Chat 10:00 Exercise 10:30 Presentation 11:45 Lunch 12:15 Bingo 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>14 <i>Creamsicle Day</i></p> <p>9:00 Gardening at the Harris Center</p> <p>10:30 Stretching</p>	<p>16 <i>National Roller Coaster Day</i></p> <p>10:00 Exercise at the Library</p> <p>10:30 Community Hospice Presentation: Myths and Facts</p> <p>12:00 Birthday Celebration sponsored by Capital City Bank</p>	<p>18 <i>Kool Aide Day</i></p> <p>10:30 Jeopardy game at the Hastings Library</p>	<p><b><u>Every Friday</u></b></p> <p>9:30 Coffee Chat 10:00 Walking 10:30 Classes 11:45 Lunch 12:15 Memory Games 12:45 Clean up, Sanitize, Prep 1:00 Time to go home!</p>
<p>21 <i>National Senior Citizen Day</i></p> <p><b>9:00 Gardening at the Harris Center</b></p> <p>10:00 Stretching</p>	<p>23 <i>National Cuban Sandwich Day</i></p> <p>10:00 Exercise at the Library</p> <p><b>10:30 Legal Aid Presentation: How to Avoid Becoming Victim to Predatory Lending</b></p>	<p>25</p> <p><i>National Secondhand Wardrobe Day- Time to wear those secondhand clothes!!!</i></p> <p>10:30 Putnam County Health Dept Presents: Heart Health</p>	
<p>28</p> <p><b>Fort Mose Field Trip</b> <b>The bus leaves at 9:00 AM!!!!</b> <b>Center CLOSED for regularly scheduled programs today!</b></p>	<p>30 <i>Slinky Day</i></p> <p>10:00 Exercise at the Library</p> <p><b>10:30 Wildflower Healthcare - BP Clinic &amp; Nurse Discussion</b></p> <p>11:00 Visit w/SJC Health &amp; Human Services</p>		<p>Hastings Program Coordinator: Lorain Vinson <a href="mailto:lvinson@stjohnscoa.com">lvinson@stjohnscoa.com</a> 904-729-9161</p>