

FEBRUARY NO CHARGE ACTIVITIES

AT

RIVER HOUSE

179 MARINE STREET IN ST. AUGUSTINE

Mondays

Mahjong Open Play: Bring your mahjong game and come play with others. Every Monday from 1 p.m. to 3 p.m.

AARP Tax Help: Free tax return preparation to anyone who needs it. AARP Foundation Tax-Aide volunteers are trained to help you file a variety of income tax forms and schedules. Mondays from Feb. 6 to April 10 between 9 a.m and 12:45 p.m. Reserve a spot now by calling 904 209 3655.

Help with Medicare Questions: SHINE volunteers will be coming to River House on the 2nd Monday of each month from 9 a.m. to 12 p.m. to answer general Medicare related questions. Reserve a spot now by calling 904 209 3655.

Tuesdays

One on One Tech Help: with Daniel Berg. Need help using your electronic device? Reserve a spot now at 904 209 3655 for a one hour session on Tuesdays from 10 - 2.

Healing Hearts: After the loss of a loved one, coping with daily living can be hard. Knowing you are not alone in your difficult journey can make all the difference. Meets the 2nd and 4th Tuesday of each month from 9:30 a.m. to 10:30 a.m.

Happy Hookers: Come join this social group as they crochet, knit, etc. Every Tuesday from 10 a.m. to noon

Open Art Studio: Bring your art project to work on while you socialize with other artists! Every Tuesday from 10 a.m. to noon

Wednesdays

STA Strong BHOF (Bone Health & Osteoporosis Foundation) Education Group: This group meets bimonthly to learn about prevention, diagnosis, and treatment of osteoporosis. The next meeting is Wednesday March 8 from 1:30 to 2:30.

Widow to Widow: Join us for a support group by widows for widows. Meets every Wednesday from 11:30 a.m. to 12:30 p.m.

Open Board Game Play: Bring your own or use one of ours. Scrabble, Chess, Backgammon, etc. Every Wednesday from 1 p.m. to 4 p.m.

Book Club: Come join others in reading and discussing various books. First Wednesday of each month from 2 p.m. to 3:30 p.m. February's discussion will be on "Cry My Beloved" by Alan Paton.

Thursdays

Rightsizing - Downsizing: What issues do longtime homeowners and downsizing seniors face? Thursday, February 16 from 10:30 a.m. to noon.

Open Card Play: Bring your deck of cards and socialize over a friendly card game of your choosing. Every Thursday from 12:15 p.m. to 3:15 p.m.

Fridays

Exploitation of the Elderly and Disabled - with Megan Wall of Legal Aid: on February 24 from 10 a.m. to 11 a.m. Reservations are requested but not required at 904 209 3655.

For more info go to www.coasjc.org, click on **Programs and Services**, then **Centers**, and then **River House**. Or call 904 209 3655.