

Hastings Senior Center
June 2022

Monday	Wednesday	Friday
	1 World Milk Day 10:30 Michael Pelkowski, Jacksonville Legal Aid Office, will talk to us about fair housing laws. 12:45 Social Committee Meeting	3 National Donut Day 10:15 Walking 
6 National Yo-Yo Day 9:00 – 10:00 Gardening at the Harris Center Kathy Ponce Nutrition Game UF Extension	8 National Best Friends Day 10:30 Susan Layfield from the University of Florida/IFAS Extension Nutrition Program Food Demonstration 11:00 Hazel Yates Campbell Community Hospice, Presentation Honoring Choices 12:45 Advisory Council Meeting	10 Ice Cream Soda Day 10:15 Walking 
13 Flag Day 9:00 – 10:00 Gardening at the Harris Center 	15 World Elder Abuse Awareness Day 11:00 James White our Humana Rep. Presentation 12:15 Birthday Celebration With Ice Cream and Cake Sponsored by Humana 	17 National Flip Flop Day/ Please wear flip flops!!! Let's Celebrate Fathers on Sunday the 19th 10:15 Walking
20 National Martini Day 9:00 – 10:00 Gardening at the Harris Center Kathy Ponce Nutrition Game UF Extension	22 Summer Has Official Started/ Lets all wear our sunglasses!!! BINGO at 10:30!!!! 	24 Pink Day / Please Wear Pink 10:15 Walking 
27 National Orange Blossom Day 9:00 – 10:00 Gardening at the Harris Center	29 International Day of the Tropics Wildflower Healthcare, Maria Thomas RN, 10:30 A Short Talk; 11:00 BP Checks 10:45 Shanee Andrews St Johns County Health and Human Services 11:00 Hastings Public Library Tech Class/Emily Fox. Class size is limited to 10 participants.	

Monday	Wednesday	Friday
10:00 Coffee, Chat/ sharing of Info.....		
10:15 Exercise	10:00 Exercise	10:15 Walking
10:45 Crafts	10:30 Presentations	10:45 Dominoes/Puzzles
11:00	11:15 Bunco	
11:45 Lunch	11:45 Lunch	11:45 Lunch
12:15 Trivia/games	12:15 Wacky Wednesday.	12:15 Memory Games
12:45 Clean Up and Sanitize Everything, Prep for Next Day		
1:00 We Will All Go Home for the Day.....		