## **Hastings COA Senior Center**

## February 2022 Calendar

Monday	Wednesday	Friday
Happy Valentines Day	2 Groundhog Day Megan Wall St Johns County Legal Aid/ How Can You Avoid the Need For a GuardianshipWhat Are Some Alternatives? Social and Events Committee Meets at 12:30	4 National Wear Red Day for Heart Health Please wear red in support of good heart health.
7 Chocolate Kiss Day 9:00 Garden Club at the Harris Center. Games With Kathy Ponce.	9 National Pizza Day 10:30 Susan Layfield from the University of Florida/IFAS Extension Office will continue her Family Nutrition Program/ Heart Healthy 11:00 (James) White from Humana will Play a Game. Advisory Committee Meeting at 12:30	11 National Day of Women and Girls in Science/ NAACP Anniversary Day and Black History
14 Valentine's Day 9:00 Garden Club at the Harris Center	Backintyme: Stories Told in Florida, Frank and Mary Lee Sweet Will Perform for us. 12:15 Birthday Celebration Sponsored by Humana	18 Women in Blue Jeans Day Don't forget to wear your jeans!
21 American Presidents' Day We Will be Closed	23 Margarita Day/ Mock Margaritas Blood Pressure Checks Done by Wildflower Healthcare, Maria Thomas RN, A Short Talk at 10:30 BP Checks, at 11:00.	25 Cherry Pie Day Cherry Popsicles
28 Friendship forever Craft. 9:00 Garden Club at the Harris Center. Games With Kathy Ponce.	celebrate BLACK history MONTH	Presidents Day

Monday	Wednesday	Friday		
10:00 Coffee, Chat/ sharing of Info				
10:15 Exercise	10:15 Exercise	10:15 Walking		
10:45 Trivia	Presentations	Dominoes		
11:00 Crafts	11:15 Bunco	11:15 Puzzles		
11:45 Lunch	11:45 Lunch	11:45 Lunch		
12:15 Trivia	12:15 Wacky Wed.	12:15 Memory		
12:45 Clean Up and Sanitize Everything, Prep for Next Day				
1:00 We Will All Go Home for the Day				