

# Menu

## Coastal Community Center

◆ September 2024 ◆

**209-3696**

*Please call by noon the day before to schedule or cancel a reservation*

**\*All menu items are subject to change according to availability.\***

Monday	Tuesday	Wednesday	Thursday	Friday
2nd COA Closed Labor Day!	3rd Spaghetti w/ Italian Meat Sauce, Green Beans, Peach Crisp, and Garlic Bread	4th Grilled Chicken Wrap w/ Lettuce, Tomato, and Potato Salad	5th Ham & Cheese Sandwich, Lettuce, Tomato, Pickle Chips, and Pea Salad	6th Baked Fish, Parsley Potatoes, Seasonal Vegetables, and Dinner Roll
9th Rigatoni, Garden Salad, and Garlic Bread	10th Pulled Pork Sandwich, Cole Slaw, and Baked Beans	11th BBQ Chicken, Tomato & Cucumber Salad, and Seasonal Vegetables	12th Chicken Taco Salad, Lettuce, Tomato, Onion, Corn Chips, and Salsa	13th Cheese Burger, Lettuce, Tomato, Onion, Pickles, and French Fries
16th Oven Fried Chicken Tenders, Collard Greens, and Macaroni & Cheese	17th Meatball & Cheese Sub, and Garden Salad	18th Pot Roast, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll	19th Chicken Salad on a Bed of Lettuce, Tomatoes Wedges, Carrot, and Captain Wafer Crackers	20th Roasted Pork, Parsley Potatoes, Seasonal Vegetables, and Dinner Roll
23rd Italian Sub Topped with Lettuce, Tomatoes, Onion, Pickle Spear, and Potato Chips	24th Breaded Fillet of Fish, Summer Squash, Lima Beans, and Cornbread	25th Chef Salad w/Turkey, Cheese, Hard Boiled Egg, Lettuce, Tomato, Cucumbers, and Crackers	26th Baked Ham topped with Pineapple, Seasonal Vegetables, and Dinner Roll	27th Meatloaf, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll
30th Stuffed Cabbage, Parsley Potatoes, and Seasonal Vegetables				

**\* Each Meal includes fruit and low fat milk \***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.