

Menu

Coastal Community Center

◆ September 2023 ◆

209-3696

Please call by noon the day before to schedule or cancel a reservation

All menu items are subject to change according to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
				1st Pulled Pork Sandwich, Baked Beans, and Seasonal Vegetables
4th COA Holiday Closed Labor Day!	5th Spaghetti smothered in Italian Meat Sauce, Seasonal Vegetables, and Garlic Bread	6th Ham & Cheese Sandwich w/ Lettuce, Tomato, Pickle Chips, and English Pea Salad	7th Grilled Chicken & Cheddar Cheese Wrap w/ Lettuce, Chopped Tomato, Pickle Spear, and Signature Potato Salad	8th Breaded Fillet of Fish, Baked Potato, Seasonal Vegetables, and Dinner Roll
11th Cheese Burger w/ Lettuce, Tomato, Onion, Pickle, and Roasted Potato Wedges	12th BBQ Chicken, Tomato, Cucumber & Onion Salad, Corn, and Dinner Roll	13th Chicken Taco Salad, Lettuce, Tomato, Diced Tomato, Onion, Salsa, and Corn Chips	14th Sausage Rigatoni, Garden Salad, and Garlic Knot	15th Beef Tips & Gravy over Egg Noodles, and Seasonal Vegetables
18th Oven Fried Chicken, Collard Greens, and Macaroni & Cheese	19th Meatball & Cheese Sub, and Garden Salad	20th All Beef Hot Dog, Potato Salad, and Baked Beans	21st Chicken Salad on a Bed of Lettuce, Tomatoes Wedges, Carrot, and Captain Wafer Crackers	22nd Pot Roast, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll
25th Baked Ham topped with Pineapple, Seasonal Vegetables, and Dinner Roll	26th Breaded Fillet of Fish, Summer Squash, Lima Beans, and Cornbread	27th Chef Salad w/Turkey, Cheese, Hard Boiled Egg, Lettuce, Tomato, Cucumbers, and Crackers	28th Italian Sub Topped with Lettuce, Tomatoes, Onion, Pickle Spear, and Potato Chips	29th Meatloaf, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll

*** Each Meal includes fruit and low fat milk ***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.