

Menu

Coastal Community Center ♦ September 2021 ♦ 209-3696

Please call by noon the day before to schedule or cancel a reservation

Monday	Tuesday	Thursday
		2nd Tuna Salad on a bed of Crisp Greens, Tomato, Carrot, Cucumber, Fresh Fruit, and Captain Wafer Crackers
6th <i>COA Closed In Observance Of Labor Day</i>	7th Baked Chicken served with Baked Potato, Sautéed Spinach, and Dinner Roll	9th Beef Taco Salad, Lettuce, Tomato, Black Olives, Salsa, and Corn Chips
13th Cheese Burger, Lettuce, Tomato, Onions, Pickle, and Tater Tots	14th Turkey Salad Croissant, Lettuce, Tomato, Carrot, Pineapple, and Raisin Salad	16th BBQ Chicken, Tomato & Cucumber Salad, Corn, and Dinner Roll
20th Pizza, Salad, and Fresh Fruit	21st Grilled Chicken Salad, Lettuce, Tomato, Cucumber, Potato Salad, and Fresh Fruit	23rd Spaghetti and Meatballs, Seasonal Vegetables, and Garlic Bread
27th Breaded Fish Fillet, Squash Medley, English Peas, and Dinner Roll	28th Italian Sub, Shredded Lettuce, Tomato Slices, Red Onions, Pickle Spear, and Potato Chips	30th Home Style Meatloaf, Scalloped Potatoes, Green Beans, and Warm Dinner Roll

**** Each Meal includes fruit and low fat milk ****

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.