

Menu

Coastal Community Center

◆ October 2024 ◆

209-3696

Please call by noon the day before to schedule or cancel a reservation

All menu items are subject to change according to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
	1st Home-style Chili, Seasonal Vegetable, and Crackers	2nd Pulled Pork, Seasonal Vegetables, and Macaroni & Cheese	3rd Tuna Salad Sandwich, Lettuce, Tomato, Pickle Spear, and Potato Salad	4th Chicken Cacciatore served over Pasta, House Salad, and Garlic Bread
7th Sausage Pilau, Vegetable Medley, and Cherry Cobbler	8th Egg Salad Croissant, Lettuce, Tomato, and Creamy Dill Cucumber Salad	9th Chicken Fajita's, Peppers & Onions, Cheese, Salsa, Black Beans & Rice	10th Stuffed Pepper Casserole, Parsley Potatoes, and Three Bean Salad	11th Meatloaf smothered in Gravy, Seasonal Vegetables, and Dinner Roll
14th Beef Empanada's, Salsa, Plantains, and Rice	15th Sweet & Sour Chicken, Stir Fry Vegetables, and Steamed Rice	16th Lasagna, Seasonal Vegetables, and Garlic Bread	17th Ham & Cheese Pasta Salad, Tomato & Cucumber Salad, and Fresh Fruit	18th Minestrone Soup, BLT Salad, and Croissant
21st Herby Chicken Pot Pie with Biscuit Crust, and Seasonal Vegetables	22nd Herb Crusted Pork Loin, Scalloped Potatoes, Seasonal Vegetables, and Dinner Roll	23rd Baked Ziti, Green Beans, and Seasonal Vegetable	24th Baked Chicken Lightly Bread, Collard Greens, Black-eyed Peas, and Cornbread	25th Beef Stew, Roasted Brussel Sprouts, Dinner Roll and Apple Cobbler
28th Honey Mustard Chicken, Potato Wedges, Oven Roasted Broccoli, and Dinner Roll	29th Spaghetti w/Italian Meat Sauce, Caesar Salad, and Garlic Bread	30th Opened Faced Turkey Sandwich, Mashed Potatoes, and Seasonal Vegetables	31st All Beef Hot Dog, Creamy Cole Slaw, and Baked Beans	

*** Each Meal includes fruit and low fat milk ***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.