

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Coastal Community Center Program Coordinator Myra Fisher mfisher@stjohnscoa.com 904-209-3636</p>		<p>1 8:30 Coffee Chat 9:00 OT Student-led Activities 10:00 Vicky Oakes, SJC Supervisor of Elections 11:30 Lunch</p>	<p>2 8:30 BP Checks w/Grace 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Exercise 10:00 Bingo 11:30 Lunch</p>	<p>3 8:30 Coffee Chat 9:00 Cards & Games 9:00 Market Day 9:30 Wii Bowling 10:00 Walmart Health 11:30 Lunch</p>
<p>6 8:30 Coffee Chat 9:00 Cards & Games 9:00 PT Student-led activities 11:30 Lunch</p>	<p>7 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise 9:45 Nutrition Education 10:00 Bingo 11:30 Lunch</p>	<p>8 8:30 Coffee Chat 9:00 OT Student-led activities 10:00 Presentation – Hope for the Holidays 11:30 Lunch</p>	<p>9 8:30 BP Checks w/Debbie 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Exercise 10:00 Bingo 11:30 Lunch</p>	<p>10 Closed for Holiday </p>
<p>13 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Exercise 10:00 Marline J. w/IMEP 11:30 Lunch, Welcome Hastings!</p>	<p>14 Haircuts with Keith 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise 9:45 Nutrition Education 10:00 Bingo 11:30 Lunch</p>	<p>15 8:30 Coffee Chat 9:00 Cards & Games 10:00 OT Student-led activities 11:30 Lunch</p>	<p>16 8:30 BP Checks w/Grace 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Exercise 10:00 Bingo 11:30 Lunch</p>	<p>17 8:30 Coffee Chat 9:00 Cards & Games 10:00 SHINE will talk about Medicare Open Enrollment 9:30 Wii Bowling 11:30 Lunch</p>
<p>20 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Exercise 10:00 Cindy M. w/VyStar – Scams & Identity Theft 11:30 Lunch</p>	<p>21 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise 10:00 Bingo 11:30 Lunch</p>	<p>22 <i>Special Day at the River House with a Special Holiday Luncheon</i></p>	<p>23 Center <u>Closed</u> </p>	<p>24 The COA will be closed the day after Thanksgiving</p>
<p>27 8:30 Coffee Chat 9:00 Cards & Games 9:00 PT Student-led activities 11:30 Lunch</p>	<p>28 Haircuts with Keith 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise 10:00 Bingo 11:30 Lunch</p>	<p>29 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Exercise 10:00 BIRTHDAY BASH! Music by The Coconuts 11:30 Lunch</p>	<p>30 8:30 BP Checks w/Grace 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Exercise 10:00 Bingo 11:30 Lunch</p>	