

# Menu

## Coastal Community Center

◆ November 2023 ◆

209-3696

*Please call by noon the day before to schedule or cancel a reservation*

**\*All menu items are subject to change according to availability.\***

Monday	Tuesday	Wednesday	Thursday	Friday
		1st Italian Sub w/Lettuce, Tomato, Onion, Pickle Spear, and Potato Chips	2nd Open Faced Turkey Sandwich, Baked Potato, and Seasonal Vegetables	3rd All Beef Hot Dog, Creamy Cole Slaw, and Baked Beans
6th Home-style Chili, Seasonal Vegetable, and Crackers	7th Tuna Salad Sandwich, Lettuce, Tomato, Pickle Spear, and Three Bean Salad	8th BBQ Pork Sandwich, Baked Beans, and Cole Slaw	9th Cheese Burger topped w/Lettuce, Tomato, Onions, Pickles, and French Fries	10th In Observance of Veteran's Day COA Closed
13th Sausage Pilau, Vegetable Medley, and Cherry Cobbler	14th Egg Salad Croissant, Lettuce, Tomato, and Creamy Dill Cucumber Salad	15th Chicken Soft Taco's w/ Cheese, Lettuce, Tomato, Black Beans, and Rice	16th Stuffed Pepper Casserole, Parsley Potatoes, and Green Beans	17th Home-style Meatloaf, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll
20th Sweet & Sour Chicken, Stir Fry Vegetables, and Steamed Rice	21st Beef Empanada's, Salsa, Plantains, and Rice	22nd <b>Thanksgiving Lunch @ River House</b> Roasted Turkey, Stuffing, Gravy, Candied Yams, Vegetable Medley, Dinner Roll, and Pumpkin Pie	23rd Happy Thanksgiving Closed!	24th COA Holiday Closed!
27th Herby Chicken Pot Pie with Biscuit Crust, and Seasonal Vegetables	28th Herb Crusted Pork Loin, Scalloped Potatoes, Seasonal Vegetables, and Dinner Roll	29th Beef Stew, Roasted Brussel Sprouts, Dinner Roll and Apple Cobbler	30th Baked Chicken Lightly Bread, Collard Greens, Black-eyed Peas, and Cornbread	

**\* Each Meal includes fruit and low fat milk \***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.