

Menu

Coastal Community Center

◆ November 2022 ◆

209-3696

Please call by noon the day before to schedule or cancel a reservation

Monday	Tuesday	Wednesday	Thursday	Friday
	1st Herb Crusted Pork Loin, Gravy, Scalloped Potatoes, Confetti Corn, and Dinner Roll	2nd Crispy Breaded Chicken Thighs, Southern Greens, Black- eyed Peas, and Cornbread	3rd Hearty Beef Stew, Seasonal Vegetables, and Dinner Roll	4th Herby Chicken Pot Pie with Biscuit Crust, and Seasonal Vegetables
7th Cheese Burger, Lettuce, Sliced Tomato, Pickles, and French Fries	8th Aussie Chicken, Roasted Potatoes, Seasonal Vegetables, and Dinner Roll	9th Spaghetti smothered in Italian Meat Sauce, Seasonal Vegetables, and Garlic Bread	10th All Beef Hot Dog, Creamy Coleslaw, and Baked Beans	11th COA Closed in Observance of Veterans Day
14th Cubed Steak, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll	15th Home-style Chili, Seasonal Vegetable, and Crackers	16th Breaded Fish, Potatoes Au Gratin, Seasonal Vegetables, and Dinner Roll	17th Chicken Club Pasta Salad served on a bed of Lettuce, and Fresh Fruit	18th Pork Marsala, Mashed Potatoes, Green Bean, and Dinner Roll
21st Sausage Pilau, Vegetable Medley, and Cherry Cobbler	22nd Egg Salad Croissant, Lettuce, Tomato, and Signature Potato Salad	23rd Turkey, Stuffing, Gravy, Candied Yams, Vegetable Medley, Dinner Roll, and Pie	24th COA Closed Happy Thanksgiving	25th COA Closed Happy Thanksgiving
28th Pot Roast, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll	29th Lasagna, Seasonal Vegetables, and Garlic Bread	30th Ham & Cheese Pasta Salad, Tomato & Cucumber Salad, and Fresh Fruit		

*** Each Meal includes fruit and low fat milk ***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.