

**Menu**  
**Coastal Community Center**

**◆May 2024◆**

**209-3696**

***Please call by noon the day before to schedule or cancel a reservation***

***\*All menu items are subject to change according to availability.\****

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
		1st Baked Ziti, Steamed Broccoli, and Peach Crisp	2nd Tuna Sandwich w/ Lettuce, Tomato, Pickle Spear, and Potato Salad	BBQ Chicken, Tomato, Cucumber Salad, Baked Beans, and Dinner Roll
6th Beef Empanada's, Beans & Rice, and Plantains	7th Spaghetti smothered in Italian Meat Sauce, Yellow Squash, and Italian Green Beans	8th BBQ Pulled Pork, Baked Beans, Corn, and Texas Toast	9th Grilled Chicken Salad, Lettuce, Tomato, Cucumber, and Three Bean	10th Pot Roast smothered in gravy, Mashed Potatoes, Seasonal Vegetables, and Dinner Roll
13th Chicken Enchiladas, Black Beans & Rice, and Lettuce, Tomato, Black Olives	14th Herb Crusted Pork Loin, Mashed Potatoes, Mushroom Gravy, and Broccoli	15th Beef Stew, Lima Beans, Baked Apples, and Biscuit	16th Chicken Tenders, Macaroni & Cheese, and Green Beans	17th Stuffed Bell Peppers, Parsley Potatoes, and Seasonal Vegetables
20th Swedish Meatballs over Rice, and Seasonal Vegetables	21st Baked Chicken, Oven Roasted Potatoes, and Seasonal Vegetables	22nd Stuffed Shells, Seasonal Vegetables, and Garlic Bread	23rd Breaded Fish, Grilled Vegetables, Roasted Brussel Sprouts, and Rice Pilaf	24th Oven Roasted Turkey, Stuffing, Gravy, Seasonal Vegetables, and Sweet Potatoes
27th Memorial Day! COA Holiday Closed	28th Baked Ham, Sliced Pineapple, Steamed Cabbage, Sweet Potatoes, and Dinner Roll	29th Smoked Sausage & Rice, Baked Beans, and Baked Apples	30th All Beef Hot Dog, Cole Slaw, and Tater Tots	31st Chicken Sandwich, Lettuce, Sliced Tomato, Pickle, and Potato Chips

***\* Each Meal includes fruit and low fat milk \****

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.