

Menu

Coastal Community Center

◆ **May 2023** ◆

209-3696

Please call by noon the day before to schedule or cancel a reservation

All menu items are subject to change according to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
1st Cheese Burger topped with Lettuce, Tomato, Onion, Pickle, and French Fries	2nd BBQ Chicken, Creamy Cole Slaw, Baked Beans, and Garlic Bread	3rd Baked Ziti, Steamed Broccoli, and Peach Cobbler	4th Tuna Sandwich, Lettuce, Tomato, Potato Chips, and Fresh Fruit	5th Chicken Enchiladas, Beans & Rice, and Plantains
8th Sweet & Sour Chicken, Baby Carrots, Sugar Snap Peas, and Rice	9th Italian Pasta Salad on a Bed of Lettuce, Broccoli Salad, and Fresh Fruit	10th BBQ Pulled Pork, Baked Beans, Corn, and Texas Toast	11th Turkey Salad Croissant w/ Lettuce Sliced Tomato, and Pickled Beet Salad	12th Pot Roast, Mashed Potatoes, Gravy, Vegetable Medley, and Dinner Roll
15th Stuffed Bell Peppers, Parsley Potatoes, and Seasonal Vegetables	16th Herb Crusted Pork Loin, Mashed Potatoes, Mushroom Gravy, and Broccoli	17th Baked Chicken, Okra & Tomatoes, Brown Rice, and Great Northern Beans	18th Chicken Salad on a Bed of Crisp Lettuce, Grape Tomatoes, Cucumbers, Fresh Fruit, and Wafer Crackers	19th Beef Stew, Lima Beans, Baked Apples, and Biscuit
22nd Spaghetti smothered in Italian Meat Sauce, Yellow Squash, and Italian Green Beans	23rd Chicken Taco Salad, Lettuce, Tomato, Onion, Salsa, and Corn Chips	24th Oven Roasted Turkey, Stuffing, Gravy, Seasonal Vegetables, and Sweet Potatoes	25th Beef, Peppers & Onion Stir-fry, Seasonal Vegetables, and Rice	26th All Beef Hot Dog, Cole Slaw, and Baked Beans
29th Memorial Day Closed	30th Smoked Sausage & Rice, Baked Beans, and Baked Apples	31st French Dip topped with Swiss Cheese, Mushrooms & Onions, and Seasonal Vegetables		

*** Each Meal includes fruit and low fat milk ***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.