

Menu

Coastal Community Center

◆ **March 2023** ◆

209-3696

Please call by noon the day before to schedule or cancel a reservation

All menu items are subject to change according to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
		1st Pork Stew, Seasonal Vegetables, and Biscuit	2nd Lasagna w/ Italian Meat Sauce, and Seasonal Vegetables	3rd Sausage, Cheese, Peppers & Onions Sub, Creamy Cole Slaw, and Tater Tots
6th Baked Fish, Collard Greens, Macaroni & Cheese, and Cornbread	7th Shepard's Pie, Seasonal Vegetables, and Dinner Roll	8th Spaghetti smothered in Italian Meat Sauce, Caesar Salad, and Garlic Knot	9th Opened Faced Turkey Sandwich, Gravy, Mashed Potatoes, and Seasonal Vegetables	10th Oven Baked Chicken, Lima Beans, Wild Rice, and Seasonal Vegetables
13th Glazed Ham, Pineapple, Fresh Sweet Potato, Green Beans, and Dinner Roll	14th Cheese Burger w/ Lettuce, Tomato, Pickles, Onion, and French Fries	15th Breaded Fish Fillet, Collard Greens, and Cheese Grits	16th Chicken Fettuccine Alfredo, Roasted Brussel Sprouts, and Seasonal Vegetables	17th Corned Beef & Cabbage, Potatoes, Carrots, and Cornbread
20th Chili, Seasonal Vegetables, and Crackers	21st Herby Chicken Pot Pie with a Biscuit, and Seasonal Vegetables	22nd Sloppy Joe served on a Bun, Tater Tots, and Baked Beans	23rd Meatloaf, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll	24th Oven Roasted Turkey, Seasonal Vegetables, and Fresh Sweet Potato
27th Chicken Parmesan, Italian Vegetable Medley, and Garlic Bread	28th Pot Roast, Mashed Potatoes & Gravy, Seasonal Vegetables, and Dinner Roll	29th Creamy Potato Soup, Tuna Sandwich w/ Lettuce, Tomato, and Pickle Spear	30th All Beef Hot Dog, Creamy Cole Slaw, and Roasted Potatoes	31st Herb Crusted Pork Loin w/ Mushroom Gravy, Seasonal Vegetables, and Dinner Roll

*** Each Meal includes fruit and low fat milk ***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.