

# Menu

## Coastal Community Center

◆ June 2023 ◆

209-3696

*Please call by noon the day before to schedule or cancel a reservation*

**\*All menu items are subject to change according to availability.\***

Monday	Tuesday	Wednesday	Thursday	Friday
			1st Chicken Sandwich w/Lettuce, Tomato, Pickle Chips, and Signature Potato Salad	2nd Glazed Ham topped w/Pineapple, Steamed Cabbage, Fresh Sweet Potato, and Dinner Roll
5th Tuna Sandwich, Lettuce, Tomato, Pea Salad, and Fresh Fruit	6th Chef Salad w/Turkey, Hard Boiled Egg, Cheese, Chopped Lettuce, Tomatoes, Cucumbers, and Macaroni Salad	7th Baked Ziti, Steamed Broccoli, and Peach Cobbler	8th Cheese Burger topped with Lettuce, Tomato, Onion, Pickle, and French Fries	9th BBQ Chicken, Creamy Cole Slaw, Baked Beans, and Garlic Bread
12th Sweet & Sour Chicken, Baby Carrots, Sugar Snap Peas, and Rice	13th Pot Roast, Mashed Potatoes, Gravy, Vegetable Medley, and Dinner Roll	14th Turkey Salad Croissant w/ Lettuce Sliced Tomato, and Pickled Beet Salad	15th Italian Pasta Salad on a Bed of Lettuce, Broccoli Salad, and Fresh Fruit	16th BBQ Pulled Pork, Baked Beans, Corn, and Texas Toast
19th Stuffed Bell Peppers, Parsley Potatoes, and Seasonal Vegetables	20th Herb Crusted Pork Loin, Mashed Potatoes, Mushroom Gravy, and Broccoli	21st Baked Chicken, Okra & Tomatoes, Brown Rice, and Great Northern Beans	22nd Beef Stew, Lima Beans, Baked Apples, and Biscuit	23rd Chicken Taco Salad, Lettuce, Tomato, Onion, Salsa, and Corn Chips
26th Spaghetti smothered in Italian Meat Sauce, Yellow Squash, and Italian Green Beans	27th Chicken Salad on a Bed of Crisp Lettuce, Grape Tomatoes, Cucumbers, Fresh Fruit, and Wafer Crackers	28th Oven Roasted Turkey, Stuffing, Gravy, Seasonal Vegetables, and Sweet Potatoes	29th Baked Breaded Baked Fish, Seasonal Vegetables, and Wild Rice	30th All Beef Hot Dog, Cole Slaw, and Baked Beans

**\* Each Meal includes fruit and low fat milk \***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.