

# Menu

**Coastal Community Center ♦ January 2022 ♦ 209-3696**

***Please call by noon the day before to schedule or cancel a reservation***

<b><i>Monday</i></b>	<b><i>Tuesday</i></b>	<b><i>Wednesday</i></b>	<b><i>Thursday</i></b>	<b><i>Friday</i></b>
3rd Chicken Taco Salad, Lettuce, Tomato, Black Olives, Salsa, and Corn Chips	4th Pot Roast, Gravy, Oven Roasted Potatoes, Vegetable Medley, and Dinner Roll	5th CCC Closed	6th Baked Fish, Vegetable Capri, Lima Beans, and Wild Rice	7th Cheese Burger, Lettuce, Tomato, Pickles, Onion, and French Fries
10th Home-style Chili, Seasonal Vegetable, and Crackers	11th Chicken Pot Pie over a Biscuit, Broccoli, and Beets	6th CCC Closed	13th Baked Chicken, Stuffing, Fresh Sweet Potato, and Squash	14th Meatloaf, Mashed Potatoes, Gravy, Green Beans, and Dinner Roll
17th COA Holiday Closed	18th Chicken Parmesan over Pasta, Italian Vegetable Medley, and Garlic Bread	19th Tuna Sandwich on Rye, Lettuce, Sliced Tomato, Pickle, and Potato Salad	20th Herb Crusted Pork Loin, Cauliflower, Broccoli, and Yellow Rice	21st All Beef Hot Dog, Cole Slaw, and Roasted Potatoes
24th Pesto Chicken Pasta, and Garden Salad	25th Beef Stew, Seasonal Vegetables, Baked Apples, and Biscuit	26th BBQ Chicken, Vegetable Medley, Baked Beans, and Cornbread	27th Baked Ziti smothered in a Italian Meat Sauce, Green Beans, and Garlic Bread	28th Pork Roast, Mushroom Gravy, Scalloped Potatoes, and Cabbage
31st Baked Fish, Collard Green, Macaroni & Cheese, and Corn Bread				

***\* Each Meal includes fruit and low fat milk \****

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.