

Menu

Coastal Community Center

◆ December 2022 ◆

209-3696

Please call by noon the day before to schedule or cancel a reservation

Monday	Tuesday	Wednesday	Thursday	Friday
			1st Beef Empanada, Cilantro Beans & Rice, Fresh Salsa, and Plantains	2nd Brunswick Stew, Creamy Coleslaw, and Cornbread
5th Herby Chicken Pot Pie with Biscuit Crust, and Seasonal Vegetables	6th Herb Crusted Pork Loin, Gravy, Mashed Potatoes, Confetti Corn, and Dinner Roll	7th Hearty Beef Stew, Seasonal Vegetables, and Dinner Roll	8th Baked Ziti, Seasonal Vegetables, and Garlic Bread	9th Chicken Pesto Flatbread Pizza, Caesar Salad, and Garlic Knot
12th Cheese Burger, Lettuce, Sliced Tomato, Pickles, and French Fries	13th Aussie Chicken, Roasted Potatoes, Seasonal Vegetables, and Dinner Roll	14th Spaghetti smothered in Italian Meat Sauce, Seasonal Vegetables, and Garlic Bread	15th All Beef Hot Dog, Creamy Coleslaw, and Baked Beans	16th Mexican Lasagna, Fresh Salsa, and Street Corn
19th Home-style Chili, Seasonal Vegetable, and Crackers	20th Pot Roast, Mashed Potatoes & Gravy, Vegetable Medley, and Apple Pie	21st Breaded Fish, Potatoes Au Gratin, Seasonal Vegetables, and Dinner Roll	22nd Swedish Meatballs over Egg Noodles, and Seasonal Vegetables	23rd COA Closed! Merry Christmas!
26th COA Closed! Merry Christmas!	27th Stuffed Pepper smothered in a Red Sauce, Parsley Potatoes, and Seasonal Vegetables	28th Fried Chicken Tenders, Green Beans, and Macaroni & Cheese	29th Sausage Pilau, Vegetable Medley, and Cherry Cobbler	30th Baked Ham, Black-eyed Peas, Collard Greens, and Dinner Roll

*** Each Meal includes fruit and low fat milk ***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.