

# Menu

## Coastal Community Center

◆ August 2024 ◆

209-3696

*Please call by noon the day before to schedule or cancel a reservation*

**\*All menu items are subject to change according to availability.\***

Monday	Tuesday	Wednesday	Thursday	Friday
			1st Breaded Fillet of Fish, Parsley Potatoes, Seasonal Vegetables and Dinner Roll	2nd Smoked Sausage Sauté over Rice, and Seasonal Vegetables
5th Pulled Pork Sandwich, Corn, and Baked Beans	6th Rigatoni, Garden Salad, and Garlic Bread	7th Chicken Taco Salad, Lettuce, Tomato, Onion, Corn Chips, and Salsa	8th BBQ Chicken, Tomato & Cucumber Salad, and Seasonal Vegetables	9th Cheese Burger, Lettuce, Tomato, Onion, Pickles, and French Fries
12th Oven Fried Chicken Tenders, Collard Greens, and Macaroni & Cheese	13th Meatball & Cheese Sub, and Garden Salad	14th Pot Roast, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll	15th Chicken Salad on a Bed of Lettuce, Tomatoes Wedges, Carrot, and Captain Wafer Crackers	16th Roasted Pork, Parsley Potatoes, Seasonal Vegetables, and Dinner Roll
19th Breaded Fillet of Fish, Summer Squash, Lima Beans, and Cornbread	20th Italian Sub Topped with Lettuce, Tomatoes, Onion, Pickle Spear, and Potato Chips	21st Chef Salad w/Turkey, Cheese, Hard Boiled Egg, Lettuce, Tomato, Cucumbers, and Crackers	22nd Meatloaf, Mashed Potatoes, Gravy, Seasonal Vegetables, and Dinner Roll	23rd Baked Ham topped with Pineapple, Seasonal Vegetables, and Dinner Roll
26th Stuffed Cabbage, Parsley Potatoes, and Seasonal Vegetables	27th Country Fried Steak, Mashed Potatoes, Gravy, Vegetable Medley, and Dinner Roll	28th Turkey & Swiss Cheese Sandwich w/Lettuce, Sliced Tomato, Pickle, and Pea Salad	29th Tuna Salad on a Bed of Lettuce, Tomato, Carrots, and Macaroni Salad	30th Hot Dogs, Baked Beans, and Cole Slaw

**\* Each Meal includes fruit and low fat milk \***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.