

Menu

Coastal Community Center ♦ August 2022 ♦ 209-3696

Please call by noon the day before to schedule or cancel a reservation

Monday	Tuesday	Wednesday	Thursday	Friday
1st Smoked Sausage w/ Peppers & Onions served on a Bun, Creamy Cole Slaw, and Baked Beans	2nd Ham & Cheese Sandwich, Lettuce, Tomato, Pickle, and Pea Salad	3rd Chicken Ranch Wrap w/ Cheese, Lettuce, Tomato, and French Fries	4th Spaghetti smothered in Italian Meat Sauce, Caesar Salad, and Garlic Bread	5th Baked Chicken, Baked Potato, Spinach, and Dinner Roll
8th Rigatoni, Salad, and Garlic Bread	9th Philly Steak & Cheese Sub, French Fries, and Fresh Fruit	10th BBQ Chicken, Tomato & Cucumber Salad, Corn, and Dinner Roll	11th Shrimp Salad on a bed of Baby Spinach, Tomato, Carrot, Pea Salad, and Mini Croissant	12th Cheese Burger w/ Lettuce, Tomato, Pickle Chips, and Oven Roasted Potato Wedges
15th Baked Chicken, Collard Greens, and Macaroni & Cheese	16th Meatball Sub with Marinara Sauce & Provolone Cheese, and Garden Salad	17th Apple Chicken Salad on a Bed of Lettuce, Tomato, and Macaroni Salad	18th Broccoli Crust-Less Quiche, Carrot Salad with a Lemon Dijon Vinaigrette, Parsley Potatoes, and Dinner Roll	19th Pot Roast, Mashed Potatoes, Gravy, Green Beans, and Dinner Roll
22nd Pizza Party!	23rd Italian Sub w/ Lettuce, Tomato, Onion, Pickle, Potato Chips, and Fresh Fruit	24th Chicken Soft Taco's, Lettuce, Tomatoes, Cheese, Mexican Street Corn Salad, and Fresh Fruit	25th Meatloaf, Mashed Potatoes, Gravy, Green Beans, and Dinner Roll	26th Herb Crusted Pork Loin smothered in Gravy, Wild Rice, and Seasonal Vegetables
29th Country Fried Steak, Mashed Potatoes, Gravy, Vegetable Medley, and Dinner Roll	30th Tuna Salad on bed of Lettuce, Tomato, Carrots, Radishes, and Captain Wafer Crackers	31st Turkey & Swiss Cheese Sandwich, Lettuce, Sliced Tomatoes, and Potato Salad		

*** Each Meal includes fruit and low fat milk ***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.