

Menu
Coastal Community Center

◆ April 2024 ◆

209-3696

Please call by noon the day before to schedule or cancel a reservation

All menu items are subject to change according to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
1st Baked Chicken, Baby Carrots, Sugar Snap Peas, and Rice	2nd Pot Roast smothered in gravy, Mashed Potatoes, Seasonal Vegetables, and Dinner Roll	3rd Italian Pasta Salad on a Bed of Lettuce, Broccoli Salad, and Fresh Fruit	4th Turkey Salad Croissant w/ Lettuce Sliced Tomato, and Pickled Beet Salad	5th BBQ Pulled Pork, Baked Beans, Corn, and Texas Toast
8th Chicken Enchiladas, Black Beans & Rice, and Lettuce, Tomato, Black Olives	9th Herb Crusted Pork Loin, Mashed Potatoes, Mushroom Gravy, and Broccoli	10th Beef Stew, Lima Beans, Baked Apples, and Biscuit	11th Chicken Tenders, Macaroni & Cheese, and Green Beans	12th Stuffed Bell Peppers, Parsley Potatoes, and Seasonal Vegetables
15th Spaghetti smothered in Italian Meat Sauce, Yellow Squash, and Italian Green Beans	16th Chicken Salad on a Bed of Crisp Lettuce, Grape Tomatoes, Cucumbers, Fresh Fruit, and Wafer Crackers	17th All Beef Hot Dog, Cole Slaw, and Tater Tots	18th Breaded Fish, Grilled Vegetables, Roasted Brussel Sprouts, and Rice Pilaf	19th Oven Roasted Turkey, Stuffing, Gravy, Seasonal Vegetables, and Sweet Potatoes
22nd Baked Ham, Sliced Pineapple, Steamed Cabbage, Sweet Potatoes, and Dinner Roll	23rd French Dip topped with Swiss Cheese, Mushrooms & Onions, and Seasonal Vegetables	24th Smoked Sausage & Rice, Baked Beans, and Baked Apples	25th Stuff Shells smothered with Sauce, Vegetable Medley, and Seasonal Vegetables	26th Chicken Sandwich, Lettuce, Sliced Tomato, Pickle, and Signature Potato Salad
29th Cheese Burger topped w/ Lettuce, Tomato, Pickle, Onion, and French Fries	30th Chef Salad w/ Turkey, and Macaroni Salad			

*** Each Meal includes fruit and low fat milk ***

St. Johns County Council On Aging, a private non-profit corporation funded by the Federal Older Americans Act, State General Revenue through the Florida Department of Elder Affairs, Northeast Florida Area Agency on Aging, Elder Source, St. Johns County Board of County Commissioners, and the United Way of St. Johns County.