




May 2025 Coastal Community Senior Center 180 Marine Street St. Augustine, FL 32084

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Coastal Community Center Program Coordinators Myra Fisher Suzanna Reed mfisher@stjohnscoa.com sreed@sjohnscoa.com 904-209-3636</p>			<p>1 8:30 BP Check w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>2 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Market Day 11:30 Lunch</p>
<p>5 8:30 Coffee Chat 9:00 Cards & Games 9:30 BP w/Wildflower 9:30 Strength w/Frank 10:00 Brain Challenge w/Marlene 11:30 Lunch</p>	<p>6 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 9:30 Nutritional Education 10:00 Bingo 11:30 Lunch</p>	<p>7 8:30 Coffee Chat 9:00 Cards & Games 9:30 Strength w/Frank 10:00 Red Cross w/Diane Community Preparedness 11:30 Lunch</p>	<p>8 8:30 BP w/Cammie 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>9 Mother's Day Raffle 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 9:45 Trip to Coffee Shop 11:30 Lunch</p>
<p>12 8:30 Coffee Chat 9:00 Cards & Games 9:30 Strength w/Frank 10:00 Healthy Eating and Food Pantry w/Nelson 11:30 Lunch</p>	<p>13 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>14 8:30 Coffee Chat 9:00 Cards & Games 9:30 Strength w/Frank 10:00 Library Master Gardner Jane Palmer - Herbs 11:30 Lunch</p>	<p>15 8:30 BP Check w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>16 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Shine Preventing Healthcare Fraud & Abuse w/Carrie 11:30 Lunch</p>
<p>19 8:30 Coffee Chat 9:00 Cards & Games 9:30 Strength w/Frank 10:00 Music w/Rod 11:30 Lunch</p>	<p>20 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>21 8:30 Coffee Chat 9:00 Cards & Games 9:30 Strength w/Frank 10:00 Feeding Northeast Florida 11:30 Lunch</p>	<p>22 8:30 BP Check w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 9:30 Nutritional Education 10:00 Bingo 11:30 Lunch</p>	<p>23 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 Wildflower w/Cammie & Candice 11:30 Lunch</p>
<p>26 COA closed for</p> <div style="text-align: center;">  </div>	<p>27 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>28 Birthday Bash 8:30 Coffee Chat 9:00 Cards & Games 9:30 Strength w/Frank 10:00 Ballroom Dancing w/Scott 11:30 Lunch</p>	<p>29 8:30 BP Check w/Grace 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>30 8:30 Coffee Chat 9:00 Cards & Games 9:30 Wii Bowling 10:00 FPL Presentation 10:00 Megan Wall RH 11:30 Lunch</p>