











Mon	Tues	Wed	Thurs	Fri
<p><b>Every Mon &amp; Friday</b>                      9:30 Introductions                      9:45 Presentations &amp; Exercise                      10:15 Trivia or a Game                      11:00 An Activity or Craft                      11:30 Lunch</p>	<p><b>Every Tuesday &amp; Thursday</b>                      9:30 Introductions, and Sharing                      9:45 Presentations &amp; Exercise                      10:00 BINGO                      11:30 Lunch</p>	<p><b>HAIRCUTS BY KEITH</b>  <b>TUES <u>11th</u> &amp; <u>25th</u></b></p>		<p><b>Theresa Gattey</b>  <b>Program Coordinator</b>  <b>For CCC</b>  <b>904-209-3636</b></p>
<p>3rd National Covered Cherry Day!</p> 	<p>4th</p> 	<p>5th</p> <p>CLOSED</p>	<p>6th</p> 	<p>7th</p> <p>Life Alert Presentation with Michelle Hill</p> 
<p>10th</p> <p>Nutrition Trivia!!!</p> 	<p>11th</p> 	<p>12th</p> <p>CLOSED</p>	<p>13th</p> <p>Blood Pressure Checks with Maria from the Wildflower Clinic</p>	<p>14th</p> 
<p>17th</p> <p>CLOSED</p> 	<p>18th</p> <p>National Thesaurus Day                      What is a Thesaurus?                      Theresa can explain!</p>	<p>19th National Popcorn Day!!!</p> 	<p>20th</p> <p>National Cheese Lover's Day  <b>Let's Eat Some Cheese!!!</b></p>	<p>21st Dr. John Northrup is in the house!!!</p> 
<p>24th</p> <p>Decorate A Cookie Day!!!</p> 	<p>25th</p> 	<p>26th</p> <p>Hearing and Hearing Aid screenings by Lisa White from Connect Hearing @ 10am, bring your hearing aids!</p>	<p>27th</p> 	<p>28th</p> <p>Myths &amp; Facts About Food and Nutrition After 60</p>