



May 2024

Coastal Community Senior Center

180 Marine Street St. Augustine, FL 32084

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Coastal Community Center Program Coordinators Myra Fisher Suzanna Reed mfisher@stjohnscoa.com 904-209-3636</p>		<p>1 8:30 Coffee Chat 9:00 Cards/Games 9:30 Balance w/Myra 10:00 Kami Diff btw Asst Living and Nursing Home 11:00 Nutrition Education 11:30 Lunch</p>	<p>2 8:30 BP Check w/Grace 8:30 Coffee Chat 9:00 Cards & Games 9:00 Chair Exercise w/Bob 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>3 Kentucky Derby Day – Wear a fancy hat for Derby Day! 8:30 Coffee Chat 9:00 Cards & Games 9:00 Wii Bowling 10:00 Market Day 11:30 Lunch</p>
<p>6 Its Cinco De Mayo! 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Yoga with Maiga 10:00 Detective Bobbie – Sheriff’s Department 11:30 Lunch</p>	<p>7 8:30 Coffee Chat 9:00 Cards/Games 9:00 Chair Exercise w/Bob 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>8 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Yoga w/Maiga 10:00 Meet & Greet with Petrona about Insurance 11:30 Lunch</p>	<p>9 8:30 BP Check w/Grace 8:30 Coffee Chat 9:00 Cards & Games 9:00 Chair Exercise w/Bob 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>10 Mother’s Day Raffle 8:30 Coffee Chat 9:00 Cards & Games 9:00 Wii Bowling 10:00 Lets Go To The Movies! 11:30 Lunch</p>
<p>13 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Yoga with Maiga 10:00 Stan The Man - Karaoke 11:30 Lunch</p>	<p>14 Haircuts w/Keith 8:30 Coffee Chat 9:00 Cards/Games 9:00 Chair Exercise w/Bob 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>15 8:30 Coffee Chat 9:00 Cards & Games 9:30 Balance w/Myra 10:00 Nutrition w/Mindy & Bruce Mylrea 11:30 Lunch</p>	<p>16 8:30 BP Check Cammie 8:30 Coffee Chat 9:00 Cards & Games 9:00 Chair Exercise w/Bob 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>17 8:30 Coffee Chat 9:00 Cards & Games 9:00 Wii Bowling 10:00 Traveling Light w/Shelli 11:30 Lunch</p>
<p>20 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Yoga with Maiga 10:00 Lend An Ear w/Wallie 11:30 Lunch</p>	<p>21 8:30 Coffee Chat 9:00 Cards/Games 9:00 Chair Exercise w/Bob 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>22 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Yoga w/Maiga 10:00 Heartland Hospice w/Danna 11:30 Lunch</p>	<p>23 8:30 BP Checks w/Grace 8:30 Coffee Chat 9:00 Cards & Games 9:00 Chair Exercise w/Bob 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>24 8:30 Coffee Chat 9:00 Cards & Games 9:00 Wii Bowling 10:00 Megan Wall - RH 10:00 Brain Challenge with Marlene 11:30 Lunch</p>
<p>27 The COA will be closed</p> 	<p>28 Haircuts w/Keith 8:30 Coffee Chat 9:00 Cards/Games 9:00 Chair Exercise w/Bob 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>29 8:30 Coffee Chat 9:00 Cards & Games 9:30 Balance w/Myra 10:00 BIRTHDAY BASH Music by Ivan 11:30 Lunch</p>	<p>30 8:30 BP Checks w/Grace 8:30 Coffee Chat 9:00 Cards & Games 9:00 Chair Exercise w/Bob 9:30 Chair Exercise w/Bob 10:00 Bingo 11:30 Lunch</p>	<p>31 8:30 Coffee Chat 9:00 Cards & Games 9:00 Wii Bowling 10:00 Shine - Medicare Financial Assistance 11:00 Nutrition Education 11:30 Lunch</p>