

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Coastal Community Center Program Coordinator Myra Fisher mfisher@stjohnscoa.com 904-209-3636</p>			<p>Look for the Pot of Gold</p> 	<p>1 8:30 Coffee Chat 9:00 Cards & Games 9:00 Wii Bowling 9:30 Journal Time 10:00 Market Day New Time 11:30 Lunch</p>
<p>4 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Yoga with Maiga 10:00 PT Students 11:30 Lunch</p>	<p>5 8:30 Coffee Chat 9:00 Cards/Games 9:00 Chair Exercise if needed 9:30 Chair Exercise 9:30 Nutritional Education 10:00 Bingo 11:30 Lunch</p>	<p>6 8:30 Coffee Chat 9:00 Cards/Games 9:30 Chair Yoga w/Maiga 10:00 OT Students 11:30 Lunch</p>	<p>7 8:30 BP Check w/Grace 8:30 Coffee Chat 9:00 Cards & Games 9:00 Chair Exercise if needed 9:30 Chair Exercise 10:00 Bingo 11:30 Lunch</p>	<p>8 8:30 Coffee Chat 9:00 Cards & Games 9:00 PT Students 11:30 Lunch</p>
<p>11 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Yoga with Maiga 10:00 Lou Parisi - music 11:30 Lunch</p>	<p>12 Haircuts with Keith 8:30 Coffee Chat 9:00 Cards/Games 9:00 Chair Exercise if needed 9:30 Chair Exercise 10:00 Bingo 11:30 Lunch</p>	<p>13 8:30 Coffee Chat 9:00 Cards & Games 9:30 Balance with Myra 10:00 OT Students 11:30 Lunch</p>	<p>14 8:30 BP Check Cammie 8:30 Coffee Chat 9:00 Cards & Games 9:00 Chair Exercise if needed 9:30 Chair Exercise 10:00 Bingo 11:30 Lunch</p>	<p>15 8:30 Coffee Chat 9:00 Cards & Games 9:00 Wii Bowling 9:30 Journal Time 10:00 Garden Club St Patty's Day Craft 11:30 Lunch</p>
<p>18 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Yoga with Maiga 10:00 Wildflower – Katelyn Fell – Brain Health 11:30 Lunch</p>	<p>19 8:30 Coffee Chat 9:00 Cards/Games 9:00 Chair Exercise if needed 9:30 Chair Exercise 9:30 Nutritional Education 10:00 Bingo 11:30 Lunch</p>	<p>20 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Yoga w/Maiga 10:00 OT Students 11:30 Lunch</p>	<p>21 8:30 BP Checks w/Grace 8:30 Coffee Chat 9:00 Cards & Games 9:00 Chair Exercise if needed 9:30 Chair Exercise 10:00 Bingo 11:30 Lunch</p>	<p>22 8:30 Coffee Chat 9:00 Cards & Games 9:00 PT Students 11:30 Lunch</p>
<p>25 8:30 Coffee Chat 9:00 Cards & Games 9:30 Chair Yoga with Maiga 10:00 Able 4 Seniors 11:30 Lunch</p>	<p>26 Haircuts with Keith 8:30 Coffee Chat 9:00 Cards/Games 9:00 Chair Exercise if needed 9:30 Chair Exercise 10:00 Bingo 11:30 Lunch</p>	<p>27 8:30 Coffee Chat 9:00 OT Students 9:30 Balance with Myra 10:00 BIRTHDAY BASH! MUSIC BY BILL JONES 11:30 Lunch</p>	<p>28 8:30 BP Checks w/Grace 8:30 Coffee Chat 9:00 Cards & Games 9:00 Chair Exercise if needed 9:30 Chair Exercise 10:00 Bingo 11:30 Lunch</p>	<p>29 Closed for Good Friday </p>