

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Yoga w/Maiga</b> <b>10:00 PT Students Special Topics</b> 11:30 Lunch</p>	 <p><b>3</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch</p>	<p><b>4</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Balance w/Frank</b> <b>10:00 Traveling Light w/Shelly &amp; friend</b> <b>10:00 Library Tech Help</b> 11:30 Lunch</p>	<p><b>5</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch</p> 	<p><b>6</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Wii Bowling</b> <b>10:00 Market Day</b> <b>10:30 Verittas 5th grade Christmas Carols</b> 11:30 Lunch</p>
<p><b>9</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Yoga w/Maiga</b> <b>10:00 Presentation by Feeding Northeast Florida</b> 11:30 Lunch</p>	<p><b>10 Haircuts with Keith</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch</p>	<p><b>11 Jewelry Sale!!!!</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Balance w/Frank</b> <b>10:00 OT Students</b> 11:30 Lunch</p>	<p><b>12 Jewelry Sale!!!!</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch</p>	<p><b>13 Christmas Raffle!!!!</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Wii Bowling</b> <b>10:00 Kall for Kare</b> 11:30 Lunch</p>
 <p><b>16</b> <b>Special Day at the River House with a Special Holiday Luncheon</b></p>	<p><b>17</b> 8:30 Coffee Chat 9:00 Cards/Games <b>9:00 Nutritional Education</b> <b>9:30 Chair Exercise w/Bob</b> <b>10:00 FREE Bingo Merry Christmas!!!!</b> 11:30 Lunch</p>	<p><b>18</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Let's hop the Trolley and explore the City of Lights</b> 11:30 Lunch</p>	<p><b>19</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 FREE Bingo Double Merry Christmas!!!!</b> 11:30 Lunch</p>	<p><b>20 Wear your favorite Christmas Sweater or Tee Shirt</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Wii Bowling</b> <b>10:00 Music with Rod</b> 11:30 Lunch</p>
<p><b>23</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Yoga w/Maiga</b> <b>10:30 Christmas Carol Sing Along w/Mary</b> 11:30 Lunch</p>	<p><i>24 The COA is closed for</i></p> 	<p><i>25 The COA is closed for</i></p> 	<p><b>26</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Chair Exercise w/Bob</b> <b>10:00 Bingo</b> 11:30 Lunch</p>	<p><b>27</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Wii Bowling</b> <b>10:00 Nutritional Education</b> 11:30 Lunch</p> 
<p><b>30</b> 8:30 Coffee Chat 9:00 Cards &amp; Games <b>9:30 Yoga w/Maiga</b> <b>10:00 Nelson w/Care Plus Food Pantry!!!</b> 11:30 Lunch</p>	<p><b>31 Birthday Bash &amp; Dress Up New Year's Eve Party</b> 8:30 Coffee Chat 9:00 Cards/Games <b>10:00 Party w/Elvis</b> <b>9:30 Chair Exercise w/Bob</b> 11:30 Lunch</p>	<p>Coastal Community Center Program Coordinators <b>Myra Fisher</b> <b>Suzanna Reed</b> <a href="mailto:mfisher@stjohnscoa.com">mfisher@stjohnscoa.com</a> <a href="mailto:sreed@sjohnscoa.com">sreed@sjohnscoa.com</a> 904-209-3636</p>		